US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**6:44**	4.7	**7:04**	5.5	**12:46**	-0.1	**12:48**	0.0	5:55	8:09	
2	Tue	**7:34**	4.8	**7:51**	5.5	**1:36**	-0.2	**1:39**	0.0	5:56	8:08	
3	Wed	**8:22**	4.9	**8:36**	5.3	**2:24**	-0.2	**2:28**	0.1	5:57	8:07	
4	Thu	**9:08**	4.8	**9:19**	5.2	**3:08**	-0.2	**3:14**	0.2	5:58	8:06	
5	Fri	**9:54**	4.8	**10:03**	4.9	**3:49**	-0.1	**3:57**	0.3	5:59	8:05	
6	Sat	**10:40**	4.7	**10:48**	4.6	**4:27**	0.1	**4:38**	0.5	5:59	8:03	
7	Sun	**11:26**	4.5	**11:33**	4.4	**5:04**	0.3	**5:20**	0.7	6:00	8:02	
8	Mon			**12:12**	4.5	**5:41**	0.5	**6:05**	1.0	6:01	8:01	
9	Tue	**12:20**	4.1	**12:57**	4.4	**6:22**	0.8	**6:57**	1.2	6:02	8:00	
10	Wed	**1:06**	3.9	**1:42**	4.3	**7:10**	1.0	**7:58**	1.2	6:03	7:59	
11	Thu	**1:53**	3.8	**2:28**	4.3	**8:05**	1.1	**8:59**	1.2	6:04	7:57	
12	Fri	**2:44**	3.7	**3:18**	4.4	**9:04**	1.1	**9:57**	1.1	6:05	7:56	
13	Sat	**3:40**	3.7	**4:12**	4.5	**9:59**	1.0	**10:49**	0.8	6:06	7:55	
14	Sun	**4:40**	3.8	**5:07**	4.7	**10:51**	0.8	**11:37**	0.6	6:07	7:53	
15	Mon	**5:35**	4.0	**5:56**	5.0	**11:40**	0.7			6:08	7:52	
16	Tue	**6:24**	4.3	**6:42**	5.2	**12:24**	0.3	**12:28**	0.4	6:09	7:51	
17	Wed	**7:08**	4.6	**7:25**	5.4	**1:10**	0.1	**1:17**	0.2	6:10	7:49	
18	Thu	**7:51**	4.8	**8:08**	5.5	**1:55**	-0.1	**2:06**	0.1	6:11	7:48	
19	Fri	**8:34**	5.0	**8:53**	5.5	**2:40**	-0.3	**2:54**	-0.1	6:12	7:46	
20	Sat	**9:20**	5.1	**9:40**	5.4	**3:23**	-0.4	**3:42**	-0.1	6:13	7:45	
21	Sun	**10:10**	5.2	**10:32**	5.2	**4:06**	-0.4	**4:30**	0.0	6:14	7:44	
22	Mon	**11:04**	5.2	**11:29**	5.0	**4:50**	-0.3	**5:22**	0.1	6:15	7:42	
23	Tue			**12:01**	5.2	**5:38**	-0.1	**6:20**	0.4	6:16	7:41	
24	Wed	**12:28**	4.7	**12:59**	5.2	**6:33**	0.1	**7:27**	0.5	6:17	7:39	
25	Thu	**1:27**	4.6	**1:57**	5.1	**7:37**	0.3	**8:38**	0.6	6:18	7:38	
26	Fri	**2:27**	4.4	**2:57**	5.0	**8:44**	0.4	**9:44**	0.5	6:18	7:36	
27	Sat	**3:29**	4.4	**3:59**	5.0	**9:48**	0.4	**10:43**	0.4	6:19	7:35	
28	Sun	**4:34**	4.4	**5:02**	5.1	**10:47**	0.4	**11:37**	0.2	6:20	7:33	
29	Mon	**5:35**	4.6	**5:58**	5.2	**11:41**	0.3			6:21	7:31	
30	Tue	**6:28**	4.7	**6:46**	5.2	**12:26**	0.1	**12:32**	0.2	6:22	7:30	
31	Wed	**7:15**	4.9	**7:30**	5.2	**1:12**	0.0	**1:20**	0.2	6:23	7:28	