

































## Seaside Heights, NJ - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:52	4.5	9:24	3.7	2:51	0.0	3:30	-0.3	7:17	4:42	
2	Mon	9:35	4.4	10:12	3.8	3:29	0.1	4:08	-0.3	7:17	4:42	
3	Tue	10:26	4.3	11:05	3.9	4:12	0.2	4:51	-0.2	7:17	4:43	
4	Wed	11:21	4.2			5:05	0.3	5:42	-0.1	7:17	4:44	
5	Thu	12:00	4.0	12:19	4.1	6:14	0.4	6:43	-0.1	7:17	4:45	
6	Fri	12:56	4.2	1:19	4.0	7:30	0.3	7:47	-0.2	7:17	4:46	
7	Sat	1:55	4.4	2:23	3.9	8:40	0.1	8:50	-0.3	7:17	4:47	
8	Sun	3:00	4.6	3:31	4.0	9:44	-0.2	9:49	-0.5	7:17	4:48	
9	Mon	4:04	4.8	4:36	4.1	10:42	-0.5	10:45	-0.7	7:17	4:49	
10	Tue	5:04	5.1	5:34	4.3	11:37	-0.7	11:40	-0.8	7:17	4:50	
11	Wed	5:57	5.3	6:27	4.5			12:31	-0.9	7:16	4:51	
12	Thu	6:48	5.3	7:19	4.5	12:34	-0.9	1:23	-1.0	7:16	4:52	
13	Fri	7:37	5.2	8:10	4.5	1:27	-0.9	2:12	-1.1	7:16	4:53	
14	Sat	8:26	5.0	9:00	4.4	2:17	-0.8	2:58	-1.0	7:16	4:54	
15	Sun	9:14	4.8	9:51	4.2	3:03	-0.6	3:41	-0.8	7:15	4:55	
16	Mon	10:04	4.4	10:43	4.1	3:49	-0.3	4:24	-0.5	7:15	4:56	
17	Tue	10:53	4.1	11:33	4.0	4:35	0.0	5:09	-0.2	7:14	4:57	
18	Wed	11:43	3.8			5:26	0.3	5:57	0.1	7:14	4:59	
19	Thu	12:21	3.9	12:31	3.6	6:23	0.5	6:49	0.3	7:13	5:00	
20	Fri	1:08	3.8	1:19	3.4	7:25	0.6	7:43	0.4	7:13	5:01	
21	Sat	1:56	3.8	2:11	3.2	8:25	0.6	8:36	0.4	7:12	5:02	
22	Sun	2:49	3.8	3:09	3.2	9:20	0.5	9:26	0.3	7:11	5:03	
23	Mon	3:43	3.9	4:06	3.3	10:10	0.3	10:14	0.2	7:11	5:04	
24	Tue	4:35	4.1	4:58	3.4	10:57	0.1	10:59	0.1	7:10	5:06	
25	Wed	5:20	4.3	5:43	3.6	11:42	-0.1	11:44	0.0	7:09	5:07	
26	Thu	6:01	4.4	6:24	3.7			12:26	-0.3	7:09	5:08	
27	Fri	6:40	4.6	7:03	3.8	12:29	-0.2	1:09	-0.5	7:08	5:09	
28	Sat	7:17	4.7	7:41	3.9	1:12	-0.3	1:50	-0.6	7:07	5:10	
29	Sun	7:55	4.7	8:20	4.0	1:55	-0.3	2:29	-0.7	7:06	5:12	
30	Mon	8:36	4.6	9:02	4.1	2:36	-0.4	3:07	-0.7	7:05	5:13	
31	Tue	9:20	4.5	9:49	4.1	3:18	-0.4	3:46	-0.6	7:04	5:14	