

































Seaside Heights, NJ - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:26	4.4	3:46	3.7	9:53	0.1	10:04	-0.2	7:17	4:41	
2	Wed	4:21	4.5	4:42	3.7	10:44	-0.1	10:50	-0.1	7:17	4:42	
3	Thu	5:10	4.6	5:31	3.8	11:32	-0.2	11:35	-0.1	7:17	4:43	
4	Fri	5:54	4.7	6:16	3.8			12:18	-0.2	7:17	4:44	
5	Sat	6:35	4.7	6:58	3.8	12:19	-0.1	1:02	-0.3	7:17	4:45	
6	Sun	7:14	4.6	7:39	3.8	1:02	-0.1	1:43	-0.3	7:17	4:46	
7	Mon	7:53	4.5	8:19	3.7	1:43	0.0	2:22	-0.3	7:17	4:46	
8	Tue	8:31	4.4	9:00	3.6	2:23	0.1	2:59	-0.2	7:17	4:47	
9	Wed	9:10	4.2	9:42	3.5	3:00	0.2	3:34	-0.1	7:17	4:48	
10	Thu	9:49	4.0	10:25	3.5	3:36	0.3	4:09	0.0	7:17	4:49	
11	Fri	10:30	3.8	11:08	3.5	4:12	0.5	4:45	0.1	7:17	4:50	
12	Sat	11:14	3.7	11:51	3.5	4:54	0.7	5:25	0.2	7:16	4:52	
13	Sun			12:01	3.5	5:48	0.8	6:14	0.3	7:16	4:53	
14	Mon	12:36	3.6	12:50	3.4	6:58	0.8	7:12	0.3	7:16	4:54	
15	Tue	1:23	3.8	1:46	3.4	8:09	0.6	8:12	0.2	7:15	4:55	
16	Wed	2:18	4.0	2:50	3.4	9:12	0.4	9:10	0.0	7:15	4:56	
17	Thu	3:20	4.3	3:56	3.6	10:10	0.0	10:06	-0.2	7:14	4:57	
18	Fri	4:21	4.6	4:57	3.8	11:04	-0.3	11:00	-0.5	7:14	4:58	
19	Sat	5:17	5.0	5:51	4.1	11:57	-0.6	11:55	-0.7	7:14	4:59	
20	Sun	6:10	5.3	6:43	4.3			12:50	-0.9	7:13	5:00	
21	Mon	7:01	5.4	7:35	4.5	12:50	-0.9	1:41	-1.1	7:12	5:01	
22	Tue	7:52	5.4	8:28	4.6	1:44	-1.0	2:31	-1.2	7:12	5:03	
23	Wed	8:44	5.3	9:23	4.6	2:36	-1.0	3:18	-1.2	7:11	5:04	
24	Thu	9:39	5.0	10:19	4.5	3:28	-0.9	4:06	-1.1	7:10	5:05	
25	Fri	10:35	4.7	11:16	4.5	4:20	-0.6	4:56	-0.8	7:10	5:06	
26	Sat	11:31	4.3			5:17	-0.3	5:50	-0.5	7:09	5:07	
27	Sun	12:11	4.4	12:26	4.0	6:20	0.0	6:48	-0.2	7:08	5:09	
28	Mon	1:04	4.3	1:20	3.7	7:27	0.2	7:48	0.0	7:07	5:10	
29	Tue	1:58	4.2	2:18	3.5	8:32	0.2	8:45	0.1	7:07	5:11	
30	Wed	2:55	4.1	3:19	3.4	9:30	0.2	9:38	0.1	7:06	5:12	
31	Thu	3:53	4.1	4:19	3.4	10:22	0.1	10:27	0.1	7:05	5:13	