
































Seaside Heights, NJ - Jun 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:33	4.2	6:47	5.1	12:36	0.4	12:33	0.3	5:29	8:18	
2	Sun	7:16	4.3	7:27	5.3	1:23	0.1	1:17	0.2	5:29	8:19	
3	Mon	8:00	4.4	8:07	5.5	2:10	0.0	2:03	0.1	5:28	8:19	
4	Tue	8:45	4.4	8:51	5.5	2:57	-0.2	2:50	0.1	5:28	8:20	
5	Wed	9:34	4.4	9:40	5.4	3:43	-0.2	3:37	0.1	5:28	8:21	
6	Thu	10:29	4.4	10:35	5.3	4:29	-0.2	4:25	0.2	5:27	8:21	
7	Fri	11:27	4.4	11:34	5.1	5:18	-0.1	5:17	0.3	5:27	8:22	
8	Sat			12:27	4.5	6:11	0.0	6:18	0.5	5:27	8:23	
9	Sun	12:35	5.0	1:25	4.6	7:10	0.1	7:27	0.6	5:27	8:23	
10	Mon	1:34	4.8	2:21	4.7	8:12	0.1	8:38	0.6	5:27	8:24	
11	Tue	2:32	4.6	3:18	4.9	9:11	0.1	9:44	0.5	5:26	8:24	
12	Wed	3:32	4.5	4:16	5.1	10:07	0.0	10:43	0.3	5:26	8:25	
13	Thu	4:34	4.4	5:13	5.2	10:58	0.0	11:37	0.1	5:26	8:25	
14	Fri	5:34	4.4	6:05	5.4	11:47	0.0			5:26	8:26	
15	Sat	6:27	4.4	6:52	5.5	12:29	0.0	12:35	0.0	5:26	8:26	
16	Sun	7:16	4.4	7:37	5.5	1:19	-0.1	1:22	0.1	5:26	8:26	
17	Mon	8:02	4.4	8:19	5.4	2:07	-0.1	2:08	0.3	5:26	8:27	
18	Tue	8:48	4.3	9:02	5.2	2:52	-0.1	2:53	0.4	5:27	8:27	
19	Wed	9:34	4.2	9:45	5.0	3:35	0.0	3:35	0.6	5:27	8:27	
20	Thu	10:21	4.1	10:29	4.7	4:15	0.1	4:15	0.7	5:27	8:28	
21	Fri	11:09	4.0	11:15	4.5	4:54	0.3	4:55	0.9	5:27	8:28	
22	Sat	11:58	3.9			5:33	0.5	5:38	1.1	5:27	8:28	
23	Sun	12:02	4.3	12:45	3.9	6:15	0.6	6:27	1.3	5:28	8:28	
24	Mon	12:48	4.1	1:29	4.0	7:01	0.7	7:27	1.4	5:28	8:28	
25	Tue	1:34	4.0	2:12	4.1	7:52	0.8	8:31	1.4	5:28	8:28	
26	Wed	2:20	3.9	2:57	4.2	8:44	0.8	9:31	1.2	5:29	8:28	
27	Thu	3:10	3.9	3:45	4.4	9:35	0.7	10:26	1.0	5:29	8:28	
28	Fri	4:07	3.9	4:37	4.6	10:23	0.6	11:17	0.7	5:29	8:29	
29	Sat	5:05	4.0	5:28	4.9	11:11	0.5			5:30	8:28	
30	Sun	5:59	4.1	6:16	5.2	12:07	0.4	11:59 AM	0.3	5:30	8:28	