US HARBORS www.USHarbors.com

Seaside Heights, NJ - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:13	5.0	11:48	4.2	4:51	0.4	5:34	0.3	7:25	5:54	
2	Sat			12:08	4.7	5:39	0.7	6:28	0.6	7:26	5:53	
3	Sun	12:45	4.0	12:02	4.5	5:34	1.1	6:27	0.8	6:27	4:52	
4	Mon	12:39	3.9	12:55	4.3	6:39	1.3	7:28	0.9	6:28	4:50	
5	Tue	1:32	3.8	1:47	4.2	7:45	1.3	8:23	0.8	6:29	4:49	
6	Wed	2:25	3.9	2:41	4.1	8:44	1.2	9:12	0.7	6:30	4:48	
7	Thu	3:19	4.0	3:35	4.2	9:36	1.0	9:55	0.5	6:31	4:47	
8	Fri	4:09	4.3	4:25	4.2	10:22	0.8	10:35	0.4	6:33	4:46	
9	Sat	4:53	4.5	5:09	4.3	11:06	0.6	11:15	0.3	6:34	4:45	
10	Sun	5:32	4.7	5:50	4.4	11:49	0.4	11:53	0.2	6:35	4:44	
11	Mon	6:07	4.9	6:28	4.4			12:32	0.2	6:36	4:43	
12	Tue	6:41	5.0	7:05	4.4	12:32	0.2	1:14	0.1	6:37	4:42	
13	Wed	7:14	5.1	7:43	4.3	1:11	0.2	1:56	0.1	6:38	4:42	
14	Thu	7:48	5.1	8:23	4.1	1:50	0.2	2:37	0.1	6:39	4:41	
15	Fri	8:26	5.0	9:08	4.0	2:28	0.3	3:18	0.1	6:41	4:40	
16	Sat	9:11	4.9	10:02	3.9	3:08	0.4	4:02	0.2	6:42	4:39	
17	Sun	10:06	4.8	11:03	3.9	3:52	0.5	4:53	0.3	6:43	4:38	
18	Mon	11:09	4.7			4:45	0.6	5:53	0.4	6:44	4:38	
19	Tue	12:04	4.0	12:13	4.6	5:55	0.7	7:01	0.4	6:45	4:37	
20	Wed	1:04	4.2	1:15	4.6	7:13	0.7	8:05	0.2	6:46	4:36	
21	Thu	2:04	4.4	2:18	4.6	8:25	0.5	9:02	0.0	6:47	4:36	
22	Fri	3:05	4.7	3:23	4.6	9:28	0.2	9:55	-0.3	6:48	4:35	
23	Sat	4:05	5.1	4:24	4.7	10:25	-0.1	10:45	-0.5	6:50	4:34	
24	Sun	4:59	5.4	5:19	4.8	11:19	-0.4	11:34	-0.6	6:51	4:34	
25	Mon	5:49	5.6	6:09	4.8			12:12	-0.5	6:52	4:33	
26	Tue	6:36	5.7	6:58	4.7	12:22	-0.5	1:03	-0.6	6:53	4:33	
27	Wed	7:21	5.6	7:46	4.6	1:10	-0.4	1:52	-0.5	6:54	4:33	
28	Thu	8:07	5.4	8:35	4.3	1:57	-0.3	2:38	-0.4	6:55	4:32	
29	Fri	8:54	5.1	9:26	4.1	2:41	0.0	3:22	-0.2	6:56	4:32	
30	Sat	9:42	4.8	10:19	3.9	3:25	0.3	4:06	0.0	6:57	4:32	