US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:39	3.3	11:52	3.8	5:25	0.6	5:21	0.5	6:28	5:48	
2	Mon			12:30	3.2	6:29	0.7	6:19	0.6	6:26	5:49	
3	Tue	12:43	3.8	1:26	3.2	7:45	0.7	7:34	0.6	6:25	5:50	
4	Wed	1:42	3.9	2:32	3.2	8:54	0.5	8:47	0.4	6:23	5:51	
5	Thu	2:51	4.1	3:41	3.5	9:52	0.2	9:50	0.1	6:22	5:52	
6	Fri	4:01	4.4	4:43	3.9	10:46	-0.1	10:47	-0.2	6:20	5:53	
7	Sat	5:01	4.8	5:36	4.3	11:36	-0.5	11:42	-0.6	6:18	5:54	
8	Sun	6:54	5.1	7:25	4.7			1:26	-0.8	7:17	6:56	
9	Mon	7:43	5.3	8:13	5.0	1:36	-0.9	2:14	-1.0	7:15	6:57	
10	Tue	8:32	5.3	9:02	5.2	2:30	-1.0	3:01	-1.2	7:14	6:58	
11	Wed	9:21	5.2	9:53	5.2	3:21	-1.1	3:47	-1.1	7:12	6:59	
12	Thu	10:13	4.9	10:45	5.1	4:10	-1.0	4:32	-0.9	7:11	7:00	
13	Fri	11:08	4.6	11:40	4.9	5:01	-0.7	5:18	-0.6	7:09	7:01	
14	Sat			12:05	4.2	5:54	-0.4	6:09	-0.2	7:07	7:02	
15	Sun	12:36	4.7	1:03	3.9	6:55	0.0	7:09	0.2	7:06	7:03	
16	Mon	1:32	4.4	2:01	3.7	8:03	0.2	8:17	0.5	7:04	7:04	
17	Tue	2:30	4.2	3:02	3.5	9:11	0.4	9:24	0.6	7:03	7:05	
18	Wed	3:30	4.1	4:06	3.5	10:12	0.3	10:25	0.5	7:01	7:06	
19	Thu	4:33	4.0	5:08	3.6	11:05	0.2	11:18	0.4	6:59	7:07	
20	Fri	5:31	4.1	6:00	3.8	11:52	0.1			6:58	7:08	
21	Sat	6:19	4.3	6:44	4.1	12:06	0.3	12:35	0.0	6:56	7:09	
22	Sun	7:01	4.4	7:23	4.2	12:50	0.1	1:15	-0.1	6:54	7:10	
23	Mon	7:40	4.4	7:59	4.4	1:33	0.0	1:53	-0.1	6:53	7:11	
24	Tue	8:17	4.4	8:34	4.4	2:14	0.0	2:29	-0.2	6:51	7:12	
25	Wed	8:52	4.3	9:07	4.4	2:53	-0.1	3:04	-0.1	6:50	7:13	
26	Thu	9:27	4.2	9:38	4.4	3:30	0.0	3:36	0.0	6:48	7:14	
27	Fri	10:02	4.0	10:08	4.3	4:05	0.1	4:06	0.1	6:46	7:15	
28	Sat	10:39	3.8	10:40	4.2	4:39	0.2	4:35	0.3	6:45	7:16	
29	Sun	11:20	3.6	11:20	4.2	5:14	0.4	5:06	0.5	6:43	7:17	
30	Mon			12:09	3.5	5:55	0.6	5:44	0.6	6:42	7:18	
31	Tue	12:10	4.1	1:03	3.4	6:53	0.7	6:39	0.8	6:40	7:19	