US HARBORS www.USHarbors.com

Seaside Heights, NJ - May 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:51	4.5	2:46	4.0	8:51	0.5	9:01	0.7	5:55	7:51	
2	Sat	2:56	4.5	3:48	4.3	9:52	0.3	10:10	0.4	5:53	7:52	
3	Sun	4:04	4.6	4:51	4.8	10:46	0.0	11:10	0.1	5:52	7:53	
4	Mon	5:10	4.8	5:48	5.2	11:38	-0.3			5:51	7:54	
5	Tue	6:08	5.0	6:40	5.6	12:07	-0.3	12:28	-0.5	5:50	7:55	
6	Wed	7:01	5.1	7:29	5.8	1:01	-0.5	1:18	-0.6	5:49	7:56	
7	Thu	7:52	5.0	8:17	5.9	1:55	-0.7	2:08	-0.6	5:48	7:57	
8	Fri	8:43	4.9	9:06	5.8	2:48	-0.7	2:57	-0.5	5:47	7:58	
9	Sat	9:35	4.7	9:57	5.5	3:38	-0.6	3:45	-0.2	5:46	7:59	
10	Sun	10:30	4.5	10:50	5.2	4:26	-0.4	4:32	0.1	5:45	8:00	
11	Mon	11:28	4.3	11:45	4.9	5:15	-0.1	5:21	0.5	5:44	8:00	
12	Tue			12:25	4.1	6:07	0.2	6:15	0.8	5:43	8:01	
13	Wed	12:40	4.6	1:20	4.0	7:04	0.5	7:18	1.1	5:42	8:02	
14	Thu	1:33	4.3	2:13	3.9	8:03	0.6	8:24	1.2	5:41	8:03	
15	Fri	2:25	4.1	3:05	4.0	9:00	0.7	9:26	1.2	5:40	8:04	
16	Sat	3:18	4.0	3:58	4.1	9:50	0.7	10:20	1.0	5:39	8:05	
17	Sun	4:13	4.0	4:49	4.3	10:35	0.6	11:09	0.8	5:38	8:06	
18	Mon	5:06	4.0	5:36	4.5	11:17	0.5	11:53	0.6	5:37	8:07	
19	Tue	5:55	4.1	6:17	4.7	11:56	0.4			5:36	8:08	
20	Wed	6:38	4.2	6:55	4.9	12:37	0.5	12:36	0.4	5:36	8:09	
21	Thu	7:18	4.2	7:29	5.0	1:20	0.3	1:15	0.4	5:35	8:10	
22	Fri	7:57	4.2	8:03	5.0	2:03	0.2	1:55	0.4	5:34	8:11	
23	Sat	8:35	4.1	8:35	5.0	2:45	0.2	2:35	0.4	5:33	8:11	
24	Sun	9:15	4.0	9:10	5.0	3:26	0.1	3:14	0.5	5:33	8:12	
25	Mon	9:57	4.0	9:50	4.9	4:05	0.2	3:52	0.6	5:32	8:13	
26	Tue	10:45	3.9	10:38	4.9	4:45	0.2	4:32	0.6	5:32	8:14	
27	Wed	11:39	3.9	11:35	4.8	5:29	0.3	5:19	0.7	5:31	8:15	
28	Thu			12:36	4.0	6:20	0.4	6:17	0.8	5:30	8:16	
29	Fri	12:35	4.7	1:31	4.2	7:19	0.4	7:30	0.8	5:30	8:16	
30	Sat	1:36	4.6	2:27	4.5	8:22	0.3	8:45	0.7	5:29	8:17	
31	Sun	2:36	4.6	3:26	4.8	9:22	0.2	9:52	0.5	5:29	8:18	