US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jun 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:39	4.6	4:26	5.1	10:17	0.0	10:53	0.2	5:29	8:19	
2	Tue	4:45	4.6	5:25	5.4	11:10	-0.2	11:50	-0.1	5:28	8:19	
3	Wed	5:46	4.7	6:18	5.7			12:01	-0.3	5:28	8:20	
4	Thu	6:41	4.7	7:09	5.8	12:44	-0.3	12:52	-0.3	5:28	8:21	
5	Fri	7:34	4.7	7:57	5.8	1:38	-0.4	1:44	-0.2	5:27	8:21	
6	Sat	8:25	4.7	8:45	5.7	2:31	-0.4	2:35	-0.1	5:27	8:22	
7	Sun	9:17	4.6	9:34	5.4	3:20	-0.4	3:24	0.1	5:27	8:22	
8	Mon	10:10	4.4	10:25	5.1	4:07	-0.3	4:11	0.3	5:27	8:23	
9	Tue	11:04	4.2	11:17	4.8	4:53	0.0	4:57	0.6	5:27	8:24	
10	Wed	11:59	4.1			5:38	0.2	5:46	0.9	5:26	8:24	
11	Thu	12:09	4.6	12:51	4.1	6:27	0.4	6:41	1.2	5:26	8:25	
12	Fri	1:00	4.3	1:39	4.1	7:18	0.6	7:42	1.3	5:26	8:25	
13	Sat	1:48	4.1	2:26	4.1	8:11	0.7	8:44	1.3	5:26	8:25	
14	Sun	2:36	4.0	3:13	4.2	9:01	0.8	9:41	1.2	5:26	8:26	
15	Mon	3:26	3.9	4:03	4.3	9:48	0.7	10:33	1.0	5:26	8:26	
16	Tue	4:20	3.8	4:52	4.5	10:32	0.7	11:20	0.8	5:26	8:27	
17	Wed	5:14	3.9	5:38	4.7	11:15	0.6			5:27	8:27	
18	Thu	6:03	3.9	6:19	4.9	12:06	0.6	11:57 AM	0.5	5:27	8:27	
19	Fri	6:48	4.0	6:58	5.0	12:51	0.4	12:40	0.5	5:27	8:27	
20	Sat	7:30	4.1	7:35	5.2	1:37	0.3	1:25	0.5	5:27	8:28	
21	Sun	8:12	4.1	8:13	5.2	2:22	0.1	2:09	0.4	5:27	8:28	
22	Mon	8:55	4.1	8:54	5.2	3:06	0.1	2:54	0.4	5:28	8:28	
23	Tue	9:40	4.2	9:39	5.2	3:48	0.0	3:39	0.4	5:28	8:28	
24	Wed	10:30	4.2	10:29	5.1	4:30	0.0	4:24	0.4	5:28	8:28	
25	Thu	11:24	4.3	11:25	5.0	5:14	0.0	5:13	0.5	5:28	8:28	
26	Fri			12:20	4.4	6:02	0.1	6:10	0.6	5:29	8:28	
27	Sat	12:23	4.8	1:14	4.6	6:56	0.2	7:17	0.7	5:29	8:29	
28	Sun	1:21	4.7	2:09	4.8	7:54	0.2	8:28	0.6	5:30	8:28	
29	Mon	2:18	4.5	3:05	5.0	8:54	0.1	9:36	0.5	5:30	8:28	
30	Tue	3:19	4.4	4:04	5.2	9:52	0.1	10:37	0.3	5:31	8:28	