US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:11	4.3	6:35	5.3	12:13	0.2	12:16	0.3	5:55	8:09	
2	Sun	7:03	4.4	7:22	5.3	1:03	0.1	1:07	0.3	5:56	8:08	
3	Mon	7:50	4.5	8:07	5.3	1:52	0.0	1:56	0.3	5:57	8:07	
4	Tue	8:35	4.5	8:49	5.2	2:37	0.0	2:43	0.4	5:58	8:06	
5	Wed	9:19	4.5	9:32	5.0	3:18	0.0	3:26	0.5	5:59	8:05	
6	Thu	10:02	4.4	10:14	4.8	3:56	0.1	4:06	0.6	6:00	8:03	
7	Fri	10:46	4.4	10:57	4.5	4:31	0.2	4:45	0.8	6:00	8:02	
8	Sat	11:30	4.3	11:41	4.3	5:06	0.4	5:26	1.0	6:01	8:01	
9	Sun			12:13	4.3	5:41	0.6	6:10	1.2	6:02	8:00	
10	Mon	12:26	4.0	12:56	4.3	6:19	0.8	7:05	1.3	6:03	7:59	
11	Tue	1:12	3.9	1:38	4.3	7:04	1.0	8:08	1.4	6:04	7:57	
12	Wed	1:59	3.7	2:22	4.3	7:59	1.1	9:12	1.3	6:05	7:56	
13	Thu	2:51	3.6	3:11	4.4	8:59	1.1	10:10	1.1	6:06	7:55	
14	Fri	3:50	3.6	4:09	4.5	9:57	1.0	11:03	0.8	6:07	7:53	
15	Sat	4:52	3.8	5:07	4.8	10:52	0.8	11:53	0.6	6:08	7:52	
16	Sun	5:48	4.0	6:01	5.1	11:44	0.6			6:09	7:51	
17	Mon	6:38	4.3	6:49	5.4	12:41	0.3	12:35	0.3	6:10	7:49	
18	Tue	7:24	4.6	7:35	5.6	1:29	0.0	1:27	0.1	6:11	7:48	
19	Wed	8:10	4.9	8:22	5.7	2:16	-0.2	2:19	-0.1	6:12	7:46	
20	Thu	8:57	5.1	9:10	5.6	3:01	-0.4	3:10	-0.2	6:13	7:45	
21	Fri	9:47	5.2	10:00	5.4	3:45	-0.5	4:00	-0.2	6:14	7:43	
22	Sat	10:40	5.3	10:54	5.2	4:29	-0.4	4:50	-0.1	6:15	7:42	
23	Sun	11:35	5.3	11:52	4.9	5:15	-0.3	5:44	0.2	6:16	7:41	
24	Mon			12:32	5.2	6:05	0.0	6:46	0.4	6:17	7:39	
25	Tue	12:51	4.6	1:28	5.2	7:02	0.3	7:54	0.6	6:18	7:38	
26	Wed	1:49	4.3	2:25	5.1	8:07	0.5	9:03	0.7	6:18	7:36	
27	Thu	2:49	4.2	3:25	5.0	9:13	0.6	10:07	0.6	6:19	7:34	
28	Fri	3:54	4.1	4:27	4.9	10:14	0.6	11:04	0.5	6:20	7:33	
29	Sat	4:59	4.1	5:26	5.0	11:10	0.6	11:55	0.4	6:21	7:31	
30	Sun	5:57	4.3	6:18	5.1			12:02	0.5	6:22	7:30	
31	Mon	6:46	4.5	7:03	5.1	12:42	0.3	12:50	0.5	6:23	7:28	