



Seaside Heights, NJ - Jan 2021

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 8:17 | 4.7 | 9:00 | 3.7 | 2:17 | -0.1 | 3:08 | -0.3 | 7:17 | 4:42 | ☉ |
| 2 | Sat | 9:00 | 4.6 | 9:48 | 3.7 | 2:59 | 0.0 | 3:47 | -0.3 | 7:17 | 4:42 | ☉ |
| 3 | Sun | 9:50 | 4.5 | 10:41 | 3.8 | 3:42 | 0.0 | 4:29 | -0.2 | 7:17 | 4:43 | ☾ |
| 4 | Mon | 10:44 | 4.3 | 11:36 | 4.0 | 4:31 | 0.1 | 5:16 | -0.2 | 7:17 | 4:44 | ☾ |
| 5 | Tue | 11:42 | 4.2 | | | 5:31 | 0.2 | 6:11 | -0.1 | 7:17 | 4:45 | ☾ |
| 6 | Wed | 12:31 | 4.1 | 12:40 | 4.0 | 6:43 | 0.3 | 7:13 | -0.1 | 7:17 | 4:46 | ☾ |
| 7 | Thu | 1:27 | 4.3 | 1:40 | 3.8 | 7:57 | 0.2 | 8:16 | -0.2 | 7:17 | 4:47 | ☾ |
| 8 | Fri | 2:27 | 4.5 | 2:46 | 3.8 | 9:04 | 0.0 | 9:15 | -0.3 | 7:17 | 4:48 | ☾ |
| 9 | Sat | 3:30 | 4.7 | 3:55 | 3.8 | 10:06 | -0.2 | 10:12 | -0.4 | 7:17 | 4:49 | ☾ |
| 10 | Sun | 4:32 | 4.9 | 4:58 | 3.9 | 11:02 | -0.4 | 11:07 | -0.5 | 7:17 | 4:50 | ☾ |
| 11 | Mon | 5:27 | 5.1 | 5:54 | 4.0 | 11:57 | -0.6 | | | 7:16 | 4:51 | ☾ |
| 12 | Tue | 6:18 | 5.1 | 6:46 | 4.1 | 12:01 | -0.5 | 12:50 | -0.7 | 7:16 | 4:52 | ☾ |
| 13 | Wed | 7:07 | 5.1 | 7:35 | 4.1 | 12:54 | -0.5 | 1:40 | -0.8 | 7:16 | 4:53 | ☾ |
| 14 | Thu | 7:55 | 5.0 | 8:24 | 4.1 | 1:45 | -0.5 | 2:26 | -0.8 | 7:16 | 4:54 | ☾ |
| 15 | Fri | 8:41 | 4.8 | 9:13 | 4.0 | 2:32 | -0.4 | 3:08 | -0.7 | 7:15 | 4:55 | ☾ |
| 16 | Sat | 9:29 | 4.5 | 10:02 | 3.9 | 3:16 | -0.2 | 3:49 | -0.5 | 7:15 | 4:56 | ☾ |
| 17 | Sun | 10:16 | 4.2 | 10:51 | 3.8 | 3:59 | 0.1 | 4:29 | -0.3 | 7:14 | 4:57 | ☾ |
| 18 | Mon | 11:04 | 3.9 | 11:38 | 3.7 | 4:44 | 0.3 | 5:10 | 0.0 | 7:14 | 4:59 | ☾ |
| 19 | Tue | 11:51 | 3.7 | | | 5:34 | 0.6 | 5:54 | 0.2 | 7:13 | 5:00 | ☾ |
| 20 | Wed | 12:23 | 3.7 | 12:37 | 3.4 | 6:33 | 0.7 | 6:44 | 0.4 | 7:13 | 5:01 | ☾ |
| 21 | Thu | 1:08 | 3.6 | 1:25 | 3.2 | 7:36 | 0.8 | 7:37 | 0.4 | 7:12 | 5:02 | ☾ |
| 22 | Fri | 1:55 | 3.7 | 2:18 | 3.1 | 8:37 | 0.7 | 8:31 | 0.4 | 7:11 | 5:03 | ☾ |
| 23 | Sat | 2:46 | 3.7 | 3:17 | 3.1 | 9:31 | 0.5 | 9:22 | 0.4 | 7:11 | 5:04 | ☾ |
| 24 | Sun | 3:42 | 3.8 | 4:15 | 3.2 | 10:22 | 0.3 | 10:11 | 0.3 | 7:10 | 5:06 | ☾ |
| 25 | Mon | 4:34 | 4.0 | 5:07 | 3.3 | 11:09 | 0.1 | 10:58 | 0.1 | 7:09 | 5:07 | ☉ |
| 26 | Tue | 5:20 | 4.3 | 5:52 | 3.5 | 11:55 | -0.1 | 11:45 | 0.0 | 7:09 | 5:08 | ☉ |
| 27 | Wed | 6:02 | 4.5 | 6:34 | 3.7 | | | 12:40 | -0.3 | 7:08 | 5:09 | ☉ |
| 28 | Thu | 6:42 | 4.7 | 7:15 | 3.8 | 12:31 | -0.2 | 1:24 | -0.5 | 7:07 | 5:10 | ☉ |
| 29 | Fri | 7:22 | 4.8 | 7:56 | 4.0 | 1:18 | -0.4 | 2:06 | -0.6 | 7:06 | 5:12 | ☉ |
| 30 | Sat | 8:04 | 4.8 | 8:40 | 4.1 | 2:03 | -0.5 | 2:46 | -0.7 | 7:05 | 5:13 | ☉ |
| 31 | Sun | 8:48 | 4.7 | 9:27 | 4.2 | 2:47 | -0.5 | 3:25 | -0.7 | 7:04 | 5:14 | ☉ |