US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:05	5.0	6:32	4.5			12:29	-0.8	6:28	5:47	
2	Wed	6:53	5.0	7:18	4.6	12:44	-0.6	1:16	-0.9	6:27	5:49	
3	Thu	7:38	5.0	8:03	4.7	1:33	-0.7	2:00	-0.9	6:25	5:50	
4	Fri	8:22	4.8	8:46	4.6	2:19	-0.6	2:39	-0.8	6:24	5:51	
5	Sat	9:06	4.5	9:29	4.5	3:02	-0.5	3:17	-0.5	6:22	5:52	
6	Sun	9:50	4.2	10:12	4.3	3:43	-0.2	3:52	-0.2	6:21	5:53	
7	Mon	10:37	3.8	10:57	4.1	4:24	0.1	4:28	0.1	6:19	5:54	
8	Tue	11:25	3.5	11:42	3.9	5:09	0.4	5:06	0.4	6:18	5:55	
9	Wed			12:14	3.3	6:03	0.7	5:53	0.7	6:16	5:56	
10	Thu	12:29	3.7	1:05	3.1	7:08	0.8	6:56	0.9	6:15	5:57	
11	Fri	1:19	3.6	2:01	3.1	8:14	0.8	8:05	0.9	6:13	5:58	
12	Sat	2:16	3.6	3:03	3.1	9:13	0.7	9:07	0.8	6:11	5:59	
13	Sun	4:19	3.7	5:04	3.3	11:05	0.5	11:01	0.6	7:10	7:00	
14	Mon	5:18	3.9	5:56	3.6	11:51	0.3	11:50	0.4	7:08	7:01	
15	Tue	6:07	4.1	6:39	3.9			12:34	0.1	7:07	7:02	
16	Wed	6:49	4.4	7:18	4.2	12:37	0.1	1:15	-0.2	7:05	7:03	
17	Thu	7:28	4.6	7:55	4.4	1:22	-0.1	1:55	-0.3	7:03	7:04	
18	Fri	8:05	4.6	8:32	4.6	2:07	-0.3	2:34	-0.4	7:02	7:06	
19	Sat	8:44	4.6	9:10	4.8	2:51	-0.4	3:11	-0.5	7:00	7:07	
20	Sun	9:25	4.5	9:52	4.9	3:34	-0.5	3:48	-0.4	6:59	7:08	
21	Mon	10:11	4.3	10:39	4.8	4:18	-0.4	4:26	-0.3	6:57	7:09	
22	Tue	11:03	4.1	11:33	4.8	5:04	-0.3	5:08	-0.1	6:55	7:10	
23	Wed			12:02	3.9	5:58	0.0	5:59	0.1	6:54	7:11	
24	Thu	12:32	4.6	1:05	3.7	7:03	0.2	7:06	0.4	6:52	7:12	
25	Fri	1:35	4.5	2:10	3.6	8:18	0.3	8:27	0.5	6:50	7:13	
26	Sat	2:40	4.4	3:18	3.7	9:30	0.3	9:42	0.4	6:49	7:14	
27	Sun	3:49	4.4	4:28	3.9	10:32	0.1	10:47	0.2	6:47	7:15	
28	Mon	4:57	4.5	5:32	4.2	11:27	-0.2	11:45	0.0	6:46	7:16	
29	Tue	5:56	4.7	6:26	4.5			12:17	-0.3	6:44	7:17	
30	Wed	6:46	4.8	7:12	4.8	12:37	-0.2	1:03	-0.5	6:42	7:18	
31	Thu	7:31	4.8	7:54	4.9	1:26	-0.3	1:47	-0.5	6:41	7:19	