US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:34	4.2	10:25	4.6	4:28	0.3	4:31	0.7	5:54	8:10	
2	Tue	11:15	4.3	11:09	4.4	5:00	0.4	5:10	0.8	5:55	8:08	
3	Wed	11:59	4.4	11:59	4.3	5:33	0.4	5:58	0.9	5:56	8:07	
4	Thu			12:47	4.6	6:12	0.5	6:58	1.0	5:57	8:06	
5	Fri	12:54	4.1	1:39	4.8	7:04	0.6	8:11	0.9	5:58	8:05	
6	Sat	1:52	4.0	2:35	4.9	8:11	0.6	9:24	0.8	5:59	8:04	
7	Sun	2:56	4.0	3:38	5.1	9:21	0.6	10:30	0.6	6:00	8:03	
8	Mon	4:08	4.0	4:47	5.3	10:28	0.4	11:29	0.3	6:01	8:02	
9	Tue	5:19	4.2	5:51	5.5	11:30	0.2			6:02	8:00	
10	Wed	6:22	4.5	6:48	5.7	12:26	0.0	12:29	0.0	6:03	7:59	
11	Thu	7:18	4.8	7:40	5.8	1:20	-0.3	1:27	-0.1	6:04	7:58	
12	Fri	8:11	5.0	8:31	5.8	2:13	-0.5	2:23	-0.2	6:05	7:57	
13	Sat	9:02	5.1	9:21	5.6	3:02	-0.6	3:16	-0.2	6:06	7:55	
14	Sun	9:54	5.1	10:11	5.3	3:47	-0.5	4:05	0.0	6:07	7:54	
15	Mon	10:45	5.0	11:02	5.0	4:31	-0.4	4:53	0.2	6:08	7:53	
16	Tue	11:36	4.9	11:54	4.6	5:13	-0.1	5:43	0.5	6:09	7:51	
17	Wed			12:26	4.8	5:56	0.3	6:37	0.8	6:10	7:50	
18	Thu	12:45	4.3	1:14	4.6	6:43	0.6	7:37	1.0	6:10	7:48	
19	Fri	1:35	4.0	2:02	4.5	7:35	0.9	8:40	1.1	6:11	7:47	
20	Sat	2:26	3.8	2:51	4.4	8:31	1.1	9:41	1.1	6:12	7:46	
21	Sun	3:21	3.7	3:44	4.4	9:28	1.1	10:34	1.0	6:13	7:44	
22	Mon	4:21	3.7	4:42	4.4	10:22	1.1	11:22	0.9	6:14	7:43	
23	Tue	5:19	3.8	5:35	4.6	11:12	1.0			6:15	7:41	
24	Wed	6:09	4.0	6:21	4.7	12:07	0.7	11:59 AM	0.9	6:16	7:40	
25	Thu	6:53	4.2	7:01	4.9	12:50	0.5	12:44	0.7	6:17	7:38	
26	Fri	7:33	4.3	7:38	5.0	1:32	0.4	1:28	0.6	6:18	7:37	
27	Sat	8:10	4.5	8:13	5.0	2:11	0.3	2:12	0.5	6:19	7:35	
28	Sun	8:46	4.6	8:47	4.9	2:48	0.2	2:53	0.5	6:20	7:34	
29	Mon	9:21	4.7	9:22	4.8	3:23	0.2	3:33	0.5	6:21	7:32	
30	Tue	9:57	4.7	10:01	4.7	3:56	0.2	4:12	0.5	6:22	7:31	
31	Wed	10:37	4.8	10:45	4.5	4:28	0.3	4:53	0.6	6:23	7:29	