US HARBORS www.USHarbors.com

Seaside Heights, NJ - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:33	4.1	1:56	4.8	7:40	0.9	8:38	0.4	7:25	5:54	
2	Wed	2:36	4.2	2:59	4.7	8:56	0.8	9:40	0.3	7:26	5:52	
3	Thu	3:39	4.4	4:01	4.7	10:03	0.6	10:34	0.1	7:27	5:51	
4	Fri	4:41	4.6	5:01	4.7	11:01	0.4	11:22	-0.1	7:28	5:50	
5	Sat	5:36	4.9	5:55	4.8	11:53	0.2			7:29	5:49	
6	Sun	5:23	5.2	5:42	4.8	12:07	-0.1	11:50	-0.2	6:31	4:48	
7	Mon	6:06	5.3	6:25	4.7			12:29	0.0	6:32	4:47	
8	Tue	6:45	5.3	7:08	4.6	12:32	-0.1	1:14	0.0	6:33	4:46	
9	Wed	7:23	5.2	7:49	4.4	1:12	0.1	1:57	0.0	6:34	4:45	
10	Thu	8:01	5.1	8:32	4.2	1:51	0.2	2:38	0.1	6:35	4:44	
11	Fri	8:39	4.8	9:18	3.9	2:29	0.4	3:17	0.3	6:36	4:43	
12	Sat	9:20	4.6	10:07	3.7	3:06	0.7	3:57	0.5	6:37	4:42	
13	Sun	10:05	4.3	11:00	3.6	3:43	0.9	4:39	0.8	6:39	4:41	
14	Mon	10:55	4.1	11:53	3.5	4:23	1.1	5:29	0.9	6:40	4:40	
15	Tue	11:47	4.0			5:13	1.3	6:27	1.0	6:41	4:40	
16	Wed	12:43	3.5	12:38	3.9	6:20	1.4	7:27	1.0	6:42	4:39	
17	Thu	1:33	3.6	1:28	3.9	7:32	1.3	8:21	0.8	6:43	4:38	
18	Fri	2:23	3.8	2:22	4.0	8:35	1.1	9:08	0.6	6:44	4:37	
19	Sat	3:14	4.1	3:18	4.0	9:29	0.8	9:51	0.4	6:45	4:37	
20	Sun	4:03	4.4	4:13	4.2	10:19	0.5	10:33	0.2	6:47	4:36	
21	Mon	4:48	4.8	5:03	4.3	11:08	0.2	11:16	0.0	6:48	4:35	
22	Tue	5:31	5.2	5:49	4.4	11:57	-0.1			6:49	4:35	
23	Wed	6:13	5.5	6:35	4.5	12:00	-0.2	12:47	-0.3	6:50	4:34	
24	Thu	6:58	5.6	7:23	4.4	12:47	-0.2	1:37	-0.5	6:51	4:34	
25	Fri	7:45	5.6	8:14	4.3	1:36	-0.3	2:27	-0.5	6:52	4:33	
26	Sat	8:37	5.5	9:11	4.2	2:26	-0.2	3:17	-0.4	6:53	4:33	
27	Sun	9:35	5.3	10:14	4.1	3:17	-0.1	4:09	-0.3	6:54	4:33	
28	Mon	10:37	5.0	11:19	4.1	4:12	0.2	5:06	-0.1	6:55	4:32	
29	Tue	11:40	4.8			5:15	0.4	6:08	0.0	6:56	4:32	
30	Wed	12:21	4.1	12:40	4.6	6:27	0.6	7:12	0.1	6:57	4:32	