US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:32	4.6	7:53	5.9	1:38	-0.3	1:41	-0.1	5:54	8:10	
2	Wed	8:25	4.9	8:45	5.9	2:30	-0.5	2:37	-0.2	5:55	8:09	
3	Thu	9:18	5.0	9:37	5.7	3:19	-0.6	3:31	-0.2	5:56	8:08	
4	Fri	10:12	5.1	10:31	5.5	4:06	-0.7	4:23	-0.1	5:57	8:07	
5	Sat	11:08	5.1	11:26	5.1	4:51	-0.5	5:15	0.1	5:58	8:05	
6	Sun			12:03	5.1	5:38	-0.3	6:11	0.4	5:59	8:04	
7	Mon	12:21	4.8	12:56	5.0	6:28	0.0	7:14	0.6	6:00	8:03	
8	Tue	1:15	4.5	1:48	4.9	7:22	0.3	8:20	0.8	6:01	8:02	
9	Wed	2:09	4.2	2:40	4.8	8:20	0.6	9:25	0.9	6:02	8:01	
10	Thu	3:05	3.9	3:35	4.7	9:19	0.8	10:24	0.8	6:03	7:59	
11	Fri	4:05	3.8	4:33	4.6	10:14	0.9	11:16	0.8	6:04	7:58	
12	Sat	5:06	3.8	5:29	4.7	11:05	0.9			6:05	7:57	
13	Sun	6:01	3.9	6:17	4.8	12:04	0.7	11:53 AM	0.8	6:05	7:56	
14	Mon	6:47	4.1	7:00	4.8	12:48	0.5	12:39	0.7	6:06	7:54	
15	Tue	7:30	4.2	7:39	4.9	1:30	0.4	1:24	0.7	6:07	7:53	
16	Wed	8:09	4.3	8:15	4.9	2:11	0.4	2:07	0.6	6:08	7:52	
17	Thu	8:47	4.4	8:50	4.8	2:48	0.3	2:48	0.6	6:09	7:50	
18	Fri	9:24	4.4	9:23	4.7	3:23	0.3	3:27	0.6	6:10	7:49	
19	Sat	10:00	4.4	9:56	4.5	3:55	0.4	4:03	0.7	6:11	7:47	
20	Sun	10:35	4.4	10:30	4.3	4:24	0.5	4:38	0.8	6:12	7:46	
21	Mon	11:11	4.4	11:09	4.1	4:52	0.6	5:16	0.9	6:13	7:45	
22	Tue	11:52	4.5	11:57	3.9	5:20	0.7	6:00	1.1	6:14	7:43	
23	Wed			12:38	4.5	5:55	0.8	7:00	1.2	6:15	7:42	
24	Thu	12:52	3.8	1:31	4.6	6:46	1.0	8:15	1.2	6:16	7:40	
25	Fri	1:52	3.7	2:29	4.7	8:00	1.0	9:29	1.0	6:17	7:39	
26	Sat	2:58	3.7	3:36	4.9	9:20	0.9	10:33	0.7	6:18	7:37	
27	Sun	4:12	3.9	4:47	5.1	10:30	0.7	11:30	0.3	6:19	7:36	
28	Mon	5:22	4.2	5:50	5.4	11:32	0.4			6:20	7:34	
29	Tue	6:22	4.6	6:45	5.7	12:23	0.0	12:30	0.1	6:21	7:33	
30	Wed	7:15	5.0	7:37	5.9	1:15	-0.3	1:27	-0.2	6:22	7:31	
31	Thu	8:06	5.3	8:26	5.8	2:05	-0.5	2:22	-0.3	6:23	7:29	