US HARBORS www.USHarbors.com

Seaside Heights, NJ - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:56	5.5	9:16	5.7	2:53	-0.7	3:14	-0.3	6:23	7:28	
2	Sat	9:46	5.5	10:07	5.4	3:38	-0.6	4:05	-0.2	6:24	7:26	
3	Sun	10:38	5.4	11:00	5.0	4:22	-0.4	4:54	0.0	6:25	7:25	
4	Mon	11:30	5.2	11:55	4.6	5:06	-0.1	5:46	0.4	6:26	7:23	
5	Tue			12:24	5.0	5:53	0.3	6:45	0.7	6:27	7:21	
6	Wed	12:51	4.3	1:17	4.8	6:45	0.7	7:50	0.9	6:28	7:20	
7	Thu	1:46	4.0	2:09	4.6	7:45	1.0	8:57	1.1	6:29	7:18	
8	Fri	2:42	3.8	3:04	4.5	8:49	1.2	9:58	1.0	6:30	7:17	
9	Sat	3:41	3.8	4:04	4.4	9:50	1.2	10:50	0.9	6:31	7:15	
10	Sun	4:42	3.8	5:02	4.5	10:44	1.1	11:36	0.8	6:32	7:13	
11	Mon	5:36	4.0	5:52	4.6	11:32	1.0			6:33	7:12	
12	Tue	6:23	4.2	6:35	4.7	12:18	0.6	12:17	0.8	6:34	7:10	
13	Wed	7:03	4.5	7:13	4.8	12:57	0.5	1:00	0.7	6:35	7:08	
14	Thu	7:40	4.6	7:48	4.8	1:36	0.4	1:43	0.6	6:36	7:07	
15	Fri	8:15	4.7	8:21	4.8	2:12	0.3	2:24	0.5	6:37	7:05	
16	Sat	8:48	4.8	8:53	4.6	2:47	0.3	3:03	0.5	6:38	7:03	
17	Sun	9:20	4.8	9:25	4.5	3:19	0.4	3:40	0.6	6:38	7:02	
18	Mon	9:51	4.8	9:59	4.3	3:48	0.5	4:16	0.6	6:39	7:00	
19	Tue	10:26	4.8	10:40	4.1	4:17	0.6	4:54	0.8	6:40	6:59	
20	Wed	11:10	4.7	11:32	3.9	4:47	0.8	5:38	0.9	6:41	6:57	
21	Thu			12:04	4.7	5:24	0.9	6:37	1.0	6:42	6:55	
22	Fri	12:34	3.8	1:06	4.7	6:18	1.1	7:53	1.1	6:43	6:54	
23	Sat	1:40	3.8	2:11	4.8	7:41	1.1	9:09	0.9	6:44	6:52	
24	Sun	2:48	3.9	3:19	4.9	9:09	1.0	10:13	0.6	6:45	6:50	
25	Mon	3:59	4.1	4:29	5.1	10:20	0.7	11:09	0.3	6:46	6:49	
26	Tue	5:07	4.5	5:32	5.3	11:21	0.3			6:47	6:47	
27	Wed	6:05	5.0	6:27	5.6	12:00	-0.1	12:17	0.0	6:48	6:45	
28	Thu	6:56	5.4	7:17	5.7	12:49	-0.4	1:12	-0.2	6:49	6:44	
29	Fri	7:44	5.7	8:05	5.6	1:37	-0.5	2:05	-0.3	6:50	6:42	
30	Sat	8:31	5.8	8:53	5.4	2:24	-0.6	2:56	-0.3	6:51	6:40	