US HARBORS www.USHarbors.com

Seaside Heights, NJ - Oct 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:18**	5.7	**9:42**	5.1	**3:09**	-0.5	**3:45**	-0.2	6:52	6:39	
2	Mon	**10:05**	5.5	**10:33**	4.7	**3:52**	-0.2	**4:32**	0.0	6:53	6:37	
3	Tue	**10:55**	5.2	**11:28**	4.4	**4:35**	0.2	**5:20**	0.4	6:54	6:36	
4	Wed	**11:48**	4.9			**5:18**	0.6	**6:14**	0.7	6:55	6:34	
5	Thu	**12:25**	4.1	**12:43**	4.6	**6:07**	1.0	**7:15**	1.0	6:56	6:32	
6	Fri	**1:21**	3.9	**1:37**	4.4	**7:06**	1.3	**8:22**	1.1	6:57	6:31	
7	Sat	**2:16**	3.8	**2:31**	4.3	**8:15**	1.4	**9:24**	1.1	6:58	6:29	
8	Sun	**3:13**	3.8	**3:28**	4.2	**9:21**	1.4	**10:17**	1.0	6:59	6:28	
9	Mon	**4:11**	3.9	**4:26**	4.3	**10:17**	1.2	**11:01**	0.8	7:00	6:26	
10	Tue	**5:05**	4.1	**5:18**	4.4	**11:06**	1.0	**11:42**	0.7	7:01	6:24	
11	Wed	**5:51**	4.4	**6:02**	4.5	**11:51**	0.8			7:02	6:23	
12	Thu	**6:32**	4.6	**6:42**	4.6	**12:19**	0.5	**12:34**	0.6	7:03	6:21	
13	Fri	**7:08**	4.8	**7:18**	4.6	**12:57**	0.4	**1:16**	0.5	7:04	6:20	
14	Sat	**7:42**	5.0	**7:52**	4.6	**1:33**	0.3	**1:58**	0.4	7:05	6:18	
15	Sun	**8:14**	5.1	**8:25**	4.5	**2:09**	0.3	**2:39**	0.3	7:06	6:17	
16	Mon	**8:45**	5.1	**9:00**	4.4	**2:43**	0.4	**3:19**	0.3	7:07	6:15	
17	Tue	**9:18**	5.1	**9:38**	4.2	**3:17**	0.5	**3:58**	0.4	7:08	6:14	
18	Wed	**9:57**	5.0	**10:24**	4.0	**3:51**	0.6	**4:40**	0.5	7:09	6:12	
19	Thu	**10:46**	4.9	**11:22**	3.8	**4:27**	0.7	**5:27**	0.7	7:10	6:11	
20	Fri	**11:46**	4.8			**5:11**	0.9	**6:25**	0.8	7:11	6:10	
21	Sat	**12:28**	3.8	**12:53**	4.8	**6:12**	1.0	**7:37**	0.8	7:12	6:08	
22	Sun	**1:35**	3.9	**1:59**	4.7	**7:37**	1.1	**8:49**	0.7	7:13	6:07	
23	Mon	**2:40**	4.0	**3:04**	4.8	**9:00**	0.9	**9:51**	0.4	7:15	6:05	
24	Tue	**3:45**	4.3	**4:10**	4.9	**10:09**	0.6	**10:45**	0.1	7:16	6:04	
25	Wed	**4:49**	4.7	**5:12**	5.0	**11:09**	0.3	**11:34**	-0.2	7:17	6:03	
26	Thu	**5:45**	5.2	**6:07**	5.2			**12:04**	0.0	7:18	6:01	
27	Fri	**6:35**	5.5	**6:56**	5.2	**12:22**	-0.4	**12:56**	-0.2	7:19	6:00	
28	Sat	**7:22**	5.7	**7:44**	5.1	**1:08**	-0.5	**1:47**	-0.3	7:20	5:59	
29	Sun	**8:06**	5.8	**8:31**	4.9	**1:55**	-0.4	**2:37**	-0.3	7:21	5:58	
30	Mon	**8:50**	5.6	**9:18**	4.7	**2:40**	-0.2	**3:25**	-0.2	7:22	5:56	
31	Tue	**9:35**	5.4	**10:08**	4.4	**3:23**	0.0	**4:10**	0.0	7:23	5:55	