

































Seaside Heights, NJ - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:38	3.8	11:28	3.5	4:18	0.6	4:57	0.3	7:17	4:41	
2	Tue	11:22	3.6			5:04	0.8	5:39	0.4	7:17	4:42	
3	Wed	12:12	3.5	12:07	3.4	5:59	0.9	6:26	0.5	7:17	4:43	
4	Thu	12:55	3.6	12:53	3.3	7:04	0.9	7:19	0.5	7:17	4:43	
5	Fri	1:39	3.7	1:43	3.2	8:09	0.8	8:13	0.5	7:17	4:44	
6	Sat	2:28	3.9	2:42	3.1	9:09	0.6	9:06	0.4	7:17	4:45	
7	Sun	3:23	4.1	3:46	3.2	10:03	0.3	9:57	0.2	7:17	4:46	
8	Mon	4:18	4.4	4:45	3.4	10:54	0.0	10:48	0.0	7:17	4:47	
9	Tue	5:10	4.7	5:37	3.6	11:45	-0.3	11:39	-0.2	7:17	4:48	
10	Wed	5:58	5.0	6:26	3.8			12:36	-0.5	7:17	4:49	
11	Thu	6:46	5.2	7:14	4.0	12:31	-0.4	1:25	-0.7	7:17	4:50	
12	Fri	7:34	5.3	8:04	4.1	1:24	-0.5	2:13	-0.9	7:16	4:51	
13	Sat	8:24	5.2	8:56	4.2	2:15	-0.6	2:59	-1.0	7:16	4:52	
14	Sun	9:16	5.0	9:51	4.3	3:06	-0.6	3:44	-1.0	7:16	4:53	
15	Mon	10:10	4.8	10:48	4.3	3:57	-0.5	4:30	-0.8	7:15	4:54	
16	Tue	11:06	4.5	11:44	4.4	4:52	-0.3	5:21	-0.6	7:15	4:56	
17	Wed			12:02	4.1	5:55	0.0	6:16	-0.4	7:15	4:57	
18	Thu	12:39	4.3	12:58	3.8	7:05	0.2	7:16	-0.2	7:14	4:58	
19	Fri	1:34	4.3	1:56	3.6	8:14	0.2	8:17	0.0	7:14	4:59	
20	Sat	2:32	4.2	2:59	3.4	9:18	0.2	9:15	0.0	7:13	5:00	
21	Sun	3:33	4.2	4:04	3.4	10:15	0.1	10:09	0.0	7:12	5:01	
22	Mon	4:33	4.3	5:02	3.5	11:07	-0.1	10:59	0.0	7:12	5:02	
23	Tue	5:24	4.3	5:52	3.6	11:56	-0.2	11:48	0.0	7:11	5:04	
24	Wed	6:09	4.4	6:37	3.7			12:42	-0.2	7:11	5:05	
25	Thu	6:51	4.4	7:19	3.7	12:34	0.0	1:24	-0.3	7:10	5:06	
26	Fri	7:30	4.4	8:00	3.8	1:18	-0.1	2:03	-0.3	7:09	5:07	
27	Sat	8:07	4.3	8:40	3.8	1:59	-0.1	2:39	-0.3	7:08	5:08	
28	Sun	8:44	4.1	9:19	3.7	2:38	0.0	3:12	-0.2	7:08	5:09	
29	Mon	9:19	3.9	9:59	3.7	3:14	0.1	3:43	-0.1	7:07	5:11	
30	Tue	9:56	3.7	10:38	3.6	3:50	0.3	4:13	0.0	7:06	5:12	
31	Wed	10:34	3.5	11:18	3.6	4:27	0.4	4:43	0.2	7:05	5:13	