

































Seaside Heights, NJ - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:36	3.4	11:06	3.9	4:37	0.4	4:29	0.4	6:28	5:48	
2	Sat	11:26	3.2	11:56	3.9	5:25	0.6	5:09	0.5	6:26	5:49	
3	Sun			12:23	3.1	6:34	0.7	6:13	0.7	6:25	5:50	
4	Mon	12:54	4.0	1:27	3.1	7:54	0.6	7:44	0.7	6:23	5:51	
5	Tue	2:01	4.1	2:40	3.2	9:03	0.4	9:02	0.4	6:22	5:52	
6	Wed	3:14	4.3	3:53	3.5	10:03	0.1	10:07	0.1	6:20	5:53	
7	Thu	4:22	4.6	4:55	4.0	10:56	-0.3	11:05	-0.3	6:18	5:55	
8	Fri	5:20	4.9	5:48	4.4	11:47	-0.7			6:17	5:56	
9	Sat	6:11	5.2	6:37	4.9	12:01	-0.6	12:36	-0.9	6:15	5:57	
10	Sun	8:00	5.3	8:25	5.1	12:55	-0.9	2:23	-1.1	7:14	6:58	
11	Mon	8:48	5.2	9:13	5.2	2:47	-1.0	3:09	-1.2	7:12	6:59	
12	Tue	9:38	5.0	10:03	5.2	3:38	-1.0	3:53	-1.1	7:11	7:00	
13	Wed	10:29	4.7	10:54	5.0	4:26	-0.8	4:37	-0.8	7:09	7:01	
14	Thu	11:23	4.3	11:48	4.7	5:16	-0.5	5:22	-0.4	7:07	7:02	
15	Fri			12:20	3.9	6:11	-0.1	6:12	0.1	7:06	7:03	
16	Sat	12:43	4.4	1:18	3.6	7:14	0.3	7:12	0.5	7:04	7:04	
17	Sun	1:39	4.1	2:16	3.4	8:24	0.5	8:22	0.7	7:03	7:05	
18	Mon	2:37	3.9	3:17	3.3	9:31	0.6	9:30	0.8	7:01	7:06	
19	Tue	3:40	3.8	4:21	3.4	10:30	0.5	10:30	0.7	6:59	7:07	
20	Wed	4:44	3.8	5:20	3.6	11:19	0.4	11:21	0.6	6:58	7:08	
21	Thu	5:39	4.0	6:09	3.8			12:02	0.3	6:56	7:09	
22	Fri	6:25	4.1	6:50	4.1	12:07	0.4	12:42	0.1	6:54	7:10	
23	Sat	7:04	4.2	7:27	4.3	12:51	0.2	1:20	0.0	6:53	7:11	
24	Sun	7:40	4.3	8:02	4.5	1:33	0.1	1:56	0.0	6:51	7:12	
25	Mon	8:14	4.2	8:35	4.5	2:14	0.0	2:31	-0.1	6:50	7:13	
26	Tue	8:47	4.1	9:06	4.5	2:52	0.0	3:03	0.0	6:48	7:14	
27	Wed	9:19	4.0	9:36	4.5	3:29	0.0	3:33	0.1	6:46	7:15	
28	Thu	9:51	3.8	10:07	4.4	4:04	0.1	4:02	0.3	6:45	7:16	
29	Fri	10:27	3.6	10:43	4.3	4:39	0.2	4:29	0.4	6:43	7:17	
30	Sat	11:11	3.5	11:29	4.3	5:16	0.4	5:01	0.6	6:41	7:18	
31	Sun			12:05	3.4	6:03	0.5	5:44	0.7	6:40	7:19	