

































Seaside Heights, NJ - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:18	4.5	2:02	3.9	8:02	0.5	8:14	0.9	5:55	7:51	
2	Thu	2:20	4.5	3:03	4.2	9:07	0.4	9:30	0.7	5:53	7:52	
3	Fri	3:25	4.5	4:07	4.5	10:05	0.1	10:35	0.3	5:52	7:53	
4	Sat	4:30	4.6	5:07	4.9	10:57	-0.2	11:32	0.0	5:51	7:54	
5	Sun	5:31	4.7	6:02	5.3	11:47	-0.4			5:50	7:55	
6	Mon	6:26	4.8	6:52	5.6	12:27	-0.3	12:36	-0.5	5:49	7:56	
7	Tue	7:17	4.9	7:39	5.7	1:21	-0.4	1:25	-0.5	5:48	7:57	
8	Wed	8:07	4.8	8:26	5.7	2:13	-0.5	2:14	-0.3	5:47	7:58	
9	Thu	8:57	4.6	9:13	5.5	3:04	-0.5	3:02	-0.2	5:46	7:59	
10	Fri	9:49	4.4	10:01	5.2	3:52	-0.3	3:48	0.1	5:45	8:00	
11	Sat	10:43	4.2	10:53	4.8	4:38	-0.1	4:33	0.4	5:43	8:01	
12	Sun	11:40	4.0	11:48	4.5	5:26	0.2	5:20	0.8	5:43	8:01	
13	Mon			12:36	3.9	6:17	0.5	6:13	1.1	5:42	8:02	
14	Tue	12:42	4.3	1:29	3.8	7:14	0.7	7:15	1.3	5:41	8:03	
15	Wed	1:34	4.1	2:19	3.9	8:12	0.8	8:22	1.3	5:40	8:04	
16	Thu	2:24	3.9	3:09	4.0	9:06	0.8	9:24	1.2	5:39	8:05	
17	Fri	3:15	3.8	4:01	4.1	9:53	0.8	10:17	1.1	5:38	8:06	
18	Sat	4:10	3.8	4:50	4.3	10:36	0.7	11:06	0.9	5:37	8:07	
19	Sun	5:03	3.8	5:36	4.6	11:16	0.6	11:51	0.7	5:36	8:08	
20	Mon	5:51	3.9	6:17	4.8	11:55	0.5			5:36	8:09	
21	Tue	6:34	4.0	6:54	5.0	12:35	0.5	12:35	0.5	5:35	8:10	
22	Wed	7:14	4.0	7:29	5.1	1:19	0.3	1:15	0.5	5:34	8:11	
23	Thu	7:53	4.0	8:04	5.1	2:04	0.2	1:56	0.5	5:33	8:12	
24	Fri	8:33	4.0	8:42	5.2	2:47	0.1	2:37	0.5	5:33	8:12	
25	Sat	9:15	3.9	9:23	5.1	3:30	0.1	3:19	0.6	5:32	8:13	
26	Sun	10:01	3.9	10:10	5.0	4:12	0.1	4:01	0.6	5:32	8:14	
27	Mon	10:55	3.9	11:06	4.9	4:56	0.2	4:47	0.7	5:31	8:15	
28	Tue	11:54	4.0			5:43	0.2	5:40	0.8	5:30	8:16	
29	Wed	12:06	4.8	12:52	4.1	6:38	0.3	6:47	0.8	5:30	8:16	
30	Thu	1:05	4.7	1:48	4.4	7:37	0.3	8:03	0.8	5:29	8:17	
31	Fri	2:03	4.6	2:45	4.6	8:38	0.2	9:14	0.7	5:29	8:18	