
































Seaside Heights, NJ - Jun 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:02	4.5	3:43	4.9	9:35	0.1	10:18	0.4	5:29	8:19	
2	Sun	4:04	4.5	4:43	5.2	10:28	0.0	11:16	0.2	5:28	8:19	
3	Mon	5:07	4.4	5:39	5.4	11:19	-0.1			5:28	8:20	
4	Tue	6:05	4.5	6:30	5.6	12:11	0.0	12:09	-0.1	5:28	8:21	
5	Wed	6:59	4.5	7:19	5.6	1:04	-0.1	1:00	-0.1	5:27	8:21	
6	Thu	7:49	4.5	8:05	5.5	1:57	-0.2	1:50	0.1	5:27	8:22	
7	Fri	8:39	4.4	8:52	5.3	2:47	-0.2	2:40	0.2	5:27	8:22	
8	Sat	9:30	4.3	9:39	5.1	3:34	-0.1	3:27	0.4	5:27	8:23	
9	Sun	10:22	4.2	10:27	4.8	4:18	0.1	4:12	0.6	5:27	8:24	
10	Mon	11:14	4.1	11:17	4.5	5:01	0.3	4:56	0.8	5:26	8:24	
11	Tue			12:07	4.0	5:45	0.5	5:42	1.1	5:26	8:25	
12	Wed	12:07	4.3	12:56	4.0	6:30	0.7	6:35	1.3	5:26	8:25	
13	Thu	12:55	4.1	1:42	4.1	7:19	0.8	7:36	1.4	5:26	8:25	
14	Fri	1:41	3.9	2:27	4.1	8:09	0.9	8:38	1.3	5:26	8:26	
15	Sat	2:27	3.8	3:13	4.2	8:58	0.9	9:36	1.2	5:26	8:26	
16	Sun	3:16	3.7	4:01	4.4	9:44	0.8	10:29	1.0	5:26	8:27	
17	Mon	4:11	3.7	4:49	4.6	10:29	0.8	11:17	0.8	5:27	8:27	
18	Tue	5:07	3.7	5:36	4.8	11:13	0.7			5:27	8:27	
19	Wed	5:59	3.8	6:19	5.0	12:05	0.6	11:56 AM	0.7	5:27	8:27	
20	Thu	6:45	3.9	7:01	5.2	12:52	0.4	12:41	0.6	5:27	8:28	
21	Fri	7:30	4.0	7:42	5.3	1:40	0.2	1:29	0.5	5:27	8:28	
22	Sat	8:14	4.1	8:25	5.4	2:27	0.1	2:17	0.5	5:28	8:28	
23	Sun	9:00	4.1	9:11	5.4	3:13	-0.1	3:05	0.4	5:28	8:28	
24	Mon	9:49	4.2	10:02	5.3	3:57	-0.1	3:53	0.4	5:28	8:28	
25	Tue	10:43	4.3	10:56	5.2	4:41	-0.1	4:42	0.4	5:28	8:28	
26	Wed	11:40	4.4	11:53	5.0	5:26	-0.1	5:36	0.5	5:29	8:28	
27	Thu			12:36	4.6	6:16	0.0	6:38	0.6	5:29	8:29	
28	Fri	12:49	4.8	1:30	4.8	7:10	0.1	7:48	0.7	5:30	8:28	
29	Sat	1:45	4.6	2:24	4.9	8:08	0.1	8:57	0.7	5:30	8:28	
30	Sun	2:41	4.4	3:20	5.0	9:06	0.1	10:02	0.5	5:31	8:28	