



## Seaside Heights, NJ - Mar 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:00	5.0	8:24	4.9	2:01	-0.8	2:24	-1.0	6:28	5:48	☀
2	Sun	8:48	4.8	9:13	5.0	2:49	-0.8	3:06	-1.0	6:26	5:49	☀
3	Mon	9:40	4.5	10:06	4.9	3:38	-0.7	3:49	-0.8	6:25	5:50	☀
4	Tue	10:36	4.2	11:02	4.7	4:29	-0.4	4:35	-0.4	6:23	5:51	☀
5	Wed	11:35	3.9			5:28	-0.1	5:31	-0.1	6:22	5:52	☀
6	Thu	12:01	4.5	12:36	3.6	6:38	0.2	6:38	0.2	6:20	5:53	☀
7	Fri	1:02	4.3	1:39	3.5	7:52	0.3	7:52	0.4	6:19	5:54	☀
8	Sat	2:06	4.1	2:46	3.4	9:01	0.3	9:01	0.4	6:17	5:55	☀
9	Sun	4:15	4.0	4:54	3.6	10:59	0.2	11:01	0.3	7:16	6:56	☀
10	Mon	5:20	4.1	5:52	3.8	11:50	0.0	11:54	0.1	7:14	6:57	☀
11	Tue	6:13	4.3	6:40	4.1			12:36	-0.1	7:13	6:58	☀
12	Wed	6:57	4.4	7:22	4.3	12:42	0.0	1:17	-0.2	7:11	7:00	☀
13	Thu	7:36	4.4	8:00	4.4	1:26	-0.1	1:56	-0.3	7:09	7:01	☀
14	Fri	8:13	4.4	8:36	4.5	2:09	-0.2	2:32	-0.3	7:08	7:02	☀
15	Sat	8:49	4.3	9:11	4.5	2:49	-0.2	3:06	-0.2	7:06	7:03	☀
16	Sun	9:24	4.1	9:45	4.4	3:26	-0.1	3:37	-0.1	7:05	7:04	☀
17	Mon	9:59	3.9	10:19	4.3	4:02	0.0	4:07	0.1	7:03	7:05	☀
18	Tue	10:35	3.6	10:53	4.1	4:36	0.1	4:34	0.3	7:01	7:06	☀
19	Wed	11:14	3.4	11:32	4.0	5:11	0.4	5:02	0.5	7:00	7:07	☀
20	Thu	11:59	3.2			5:51	0.6	5:34	0.7	6:58	7:08	☀
21	Fri	12:17	3.9	12:51	3.1	6:43	0.8	6:20	0.9	6:56	7:09	☀
22	Sat	1:09	3.8	1:47	3.1	7:55	0.9	7:38	1.0	6:55	7:10	☀
23	Sun	2:07	3.9	2:48	3.2	9:08	0.8	9:07	0.9	6:53	7:11	☀
24	Mon	3:12	4.0	3:56	3.4	10:10	0.5	10:16	0.7	6:52	7:12	☀
25	Tue	4:21	4.2	5:00	3.7	11:03	0.2	11:14	0.3	6:50	7:13	☀
26	Wed	5:23	4.5	5:54	4.2	11:51	-0.1			6:48	7:14	☀
27	Thu	6:17	4.8	6:43	4.7	12:08	-0.1	12:38	-0.5	6:47	7:15	☀
28	Fri	7:05	5.0	7:29	5.1	1:01	-0.5	1:24	-0.7	6:45	7:16	☀
29	Sat	7:52	5.1	8:14	5.4	1:53	-0.7	2:10	-0.9	6:43	7:17	☀
30	Sun	8:40	5.0	9:01	5.5	2:45	-0.8	2:56	-0.9	6:42	7:18	☀
31	Mon	9:30	4.8	9:51	5.4	3:35	-0.8	3:42	-0.8	6:40	7:19	☀