
































## Seaside Heights, NJ - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:15	3.5	2:41	4.3	8:17	1.5	9:34	1.3	6:24	7:27	
2	Tue	3:13	3.5	3:39	4.4	9:26	1.4	10:30	1.1	6:25	7:25	
3	Wed	4:17	3.6	4:40	4.6	10:26	1.2	11:19	0.8	6:26	7:24	
4	Thu	5:17	3.8	5:35	4.8	11:18	0.9			6:27	7:22	
5	Fri	6:06	4.2	6:22	5.1	12:05	0.5	12:08	0.6	6:28	7:21	
6	Sat	6:50	4.6	7:06	5.3	12:49	0.2	12:57	0.4	6:29	7:19	
7	Sun	7:31	4.9	7:48	5.4	1:32	-0.1	1:46	0.1	6:30	7:17	
8	Mon	8:13	5.2	8:32	5.4	2:15	-0.2	2:35	0.0	6:31	7:16	
9	Tue	8:57	5.4	9:18	5.3	2:57	-0.3	3:24	-0.1	6:31	7:14	
10	Wed	9:43	5.5	10:07	5.0	3:38	-0.3	4:12	0.0	6:32	7:13	
11	Thu	10:34	5.5	11:02	4.7	4:21	-0.2	5:02	0.2	6:33	7:11	
12	Fri	11:30	5.3			5:06	0.0	5:58	0.4	6:34	7:09	
13	Sat	12:03	4.4	12:31	5.2	5:57	0.4	7:05	0.7	6:35	7:08	
14	Sun	1:06	4.2	1:32	5.0	7:02	0.7	8:19	0.8	6:36	7:06	
15	Mon	2:09	4.1	2:35	4.8	8:16	0.9	9:30	0.8	6:37	7:04	
16	Tue	3:14	4.0	3:41	4.8	9:29	0.9	10:31	0.6	6:38	7:03	
17	Wed	4:21	4.2	4:46	4.8	10:32	0.8	11:23	0.4	6:39	7:01	
18	Thu	5:23	4.4	5:44	4.9	11:27	0.6			6:40	6:59	
19	Fri	6:15	4.6	6:31	5.0	12:10	0.3	12:17	0.5	6:41	6:58	
20	Sat	6:59	4.9	7:13	5.0	12:53	0.2	1:04	0.4	6:42	6:56	
21	Sun	7:39	5.0	7:52	4.9	1:34	0.1	1:48	0.3	6:43	6:54	
22	Mon	8:17	5.1	8:29	4.8	2:12	0.2	2:31	0.3	6:44	6:53	
23	Tue	8:53	5.1	9:06	4.6	2:47	0.3	3:10	0.4	6:45	6:51	
24	Wed	9:29	5.0	9:43	4.3	3:21	0.4	3:48	0.5	6:46	6:49	
25	Thu	10:06	4.8	10:22	4.1	3:53	0.6	4:25	0.7	6:47	6:48	
26	Fri	10:43	4.6	11:05	3.8	4:23	0.8	5:02	0.9	6:48	6:46	
27	Sat	11:25	4.5	11:54	3.6	4:53	1.0	5:44	1.1	6:48	6:44	
28	Sun			12:13	4.3	5:27	1.3	6:37	1.3	6:49	6:43	
29	Mon	12:48	3.5	1:05	4.2	6:12	1.5	7:45	1.4	6:50	6:41	
30	Tue	1:43	3.5	2:00	4.3	7:27	1.6	8:54	1.3	6:51	6:40	