

Seaside Heights, NJ - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:59	4.3	4:19	4.6	10:25	0.7	10:50	0.2	7:25	5:53	
2	Sun	3:56	4.7	4:18	4.7	10:20	0.3	10:36	-0.1	6:26	4:52	
3	Mon	4:47	5.2	5:11	4.9	11:13	0.0	11:22	-0.3	6:27	4:51	
4	Tue	5:36	5.6	6:01	5.0			12:06	-0.3	6:29	4:50	
5	Wed	6:23	5.9	6:51	5.0	12:10	-0.5	12:59	-0.5	6:30	4:49	
6	Thu	7:11	6.0	7:42	4.8	1:00	-0.5	1:52	-0.5	6:31	4:48	
7	Fri	8:01	5.8	8:37	4.7	1:51	-0.4	2:44	-0.4	6:32	4:47	
8	Sat	8:56	5.6	9:36	4.4	2:42	-0.2	3:36	-0.3	6:33	4:46	
9	Sun	9:55	5.3	10:40	4.3	3:34	0.1	4:30	0.0	6:34	4:45	
10	Mon	10:58	4.9	11:43	4.2	4:29	0.4	5:30	0.3	6:35	4:44	
11	Tue	11:59	4.7			5:32	0.7	6:36	0.4	6:37	4:43	
12	Wed	12:43	4.1	12:57	4.4	6:44	0.9	7:39	0.5	6:38	4:42	
13	Thu	1:39	4.2	1:53	4.3	7:53	0.9	8:35	0.4	6:39	4:41	
14	Fri	2:35	4.2	2:49	4.1	8:54	0.8	9:23	0.4	6:40	4:40	
15	Sat	3:29	4.4	3:44	4.1	9:47	0.7	10:05	0.3	6:41	4:39	
16	Sun	4:18	4.6	4:34	4.1	10:33	0.5	10:44	0.3	6:42	4:39	
17	Mon	5:02	4.8	5:18	4.1	11:17	0.4	11:22	0.3	6:43	4:38	
18	Tue	5:41	4.9	5:59	4.1	11:59	0.3	11:59	0.3	6:45	4:37	
19	Wed	6:17	5.0	6:37	4.0			12:41	0.2	6:46	4:37	
20	Thu	6:52	4.9	7:15	3.9	12:38	0.4	1:22	0.2	6:47	4:36	
21	Fri	7:27	4.9	7:52	3.8	1:16	0.5	2:03	0.2	6:48	4:35	
22	Sat	8:01	4.7	8:30	3.7	1:54	0.6	2:41	0.3	6:49	4:35	
23	Sun	8:36	4.6	9:11	3.5	2:30	0.7	3:19	0.4	6:50	4:34	
24	Mon	9:14	4.4	9:56	3.5	3:05	0.8	3:57	0.5	6:51	4:34	
25	Tue	9:59	4.3	10:48	3.4	3:40	0.9	4:38	0.5	6:52	4:33	
26	Wed	10:52	4.2	11:41	3.5	4:22	1.0	5:26	0.6	6:53	4:33	
27	Thu	11:48	4.2			5:19	1.1	6:22	0.6	6:54	4:32	
28	Fri	12:33	3.7	12:43	4.2	6:36	1.0	7:21	0.4	6:55	4:32	
29	Sat	1:26	4.0	1:41	4.2	7:53	0.8	8:18	0.2	6:56	4:32	
30	Sun	2:21	4.4	2:43	4.2	8:59	0.5	9:11	0.0	6:57	4:31	