
































Seaside Heights, NJ - Apr 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:36	4.6	7:58	4.9	1:32	-0.2	1:51	-0.3	6:39	7:20	
2	Thu	8:15	4.5	8:36	4.9	2:16	-0.3	2:29	-0.2	6:37	7:21	
3	Fri	8:54	4.3	9:12	4.8	2:57	-0.2	3:05	-0.1	6:36	7:22	
4	Sat	9:32	4.1	9:49	4.7	3:36	-0.1	3:39	0.1	6:34	7:23	
5	Sun	10:12	3.9	10:27	4.4	4:13	0.0	4:11	0.4	6:33	7:24	
6	Mon	10:55	3.6	11:07	4.2	4:49	0.3	4:43	0.6	6:31	7:25	
7	Tue	11:42	3.4	11:53	4.0	5:28	0.5	5:16	0.9	6:30	7:26	
8	Wed			12:33	3.3	6:13	0.7	5:58	1.1	6:28	7:27	
9	Thu	12:43	3.9	1:25	3.2	7:12	0.9	7:01	1.3	6:26	7:28	
10	Fri	1:36	3.8	2:18	3.3	8:20	0.9	8:24	1.3	6:25	7:29	
11	Sat	2:31	3.8	3:15	3.4	9:22	0.8	9:35	1.1	6:23	7:30	
12	Sun	3:31	3.9	4:13	3.7	10:15	0.6	10:33	0.8	6:22	7:31	
13	Mon	4:32	4.1	5:08	4.1	11:02	0.3	11:25	0.5	6:20	7:32	
14	Tue	5:28	4.3	5:56	4.5	11:46	0.1			6:19	7:33	
15	Wed	6:17	4.5	6:39	4.9	12:15	0.1	12:30	-0.2	6:17	7:34	
16	Thu	7:03	4.7	7:22	5.3	1:04	-0.2	1:14	-0.3	6:16	7:35	
17	Fri	7:48	4.7	8:05	5.5	1:55	-0.4	2:00	-0.4	6:14	7:36	
18	Sat	8:35	4.7	8:51	5.6	2:45	-0.6	2:46	-0.4	6:13	7:37	
19	Sun	9:26	4.6	9:41	5.5	3:34	-0.6	3:33	-0.4	6:11	7:38	
20	Mon	10:21	4.4	10:37	5.3	4:24	-0.5	4:21	-0.2	6:10	7:39	
21	Tue	11:22	4.2	11:38	5.0	5:16	-0.2	5:13	0.1	6:09	7:40	
22	Wed			12:26	4.1	6:14	0.0	6:14	0.4	6:07	7:41	
23	Thu	12:42	4.8	1:28	4.1	7:20	0.2	7:26	0.6	6:06	7:42	
24	Fri	1:44	4.6	2:28	4.1	8:28	0.3	8:41	0.7	6:04	7:43	
25	Sat	2:45	4.4	3:29	4.2	9:31	0.3	9:48	0.6	6:03	7:44	
26	Sun	3:46	4.3	4:28	4.4	10:25	0.2	10:45	0.5	6:02	7:45	
27	Mon	4:47	4.3	5:23	4.6	11:12	0.1	11:36	0.3	6:00	7:46	
28	Tue	5:40	4.3	6:09	4.8	11:55	0.1			5:59	7:47	
29	Wed	6:27	4.3	6:51	5.0	12:23	0.2	12:35	0.1	5:58	7:48	
30	Thu	7:09	4.3	7:29	5.1	1:08	0.1	1:15	0.2	5:57	7:49	