US HARBORS www.USHarbors.com

Seaside Heights, NJ - Sep 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:39	5.0	11:05	4.4	4:29	0.2	5:07	0.5	6:24	7:27	
2	Wed	11:31	5.0			5:08	0.3	6:01	0.7	6:25	7:26	
3	Thu	12:03	4.2	12:30	5.0	5:56	0.5	7:09	0.9	6:26	7:24	
4	Fri	1:06	4.0	1:33	4.9	7:00	0.7	8:26	0.9	6:27	7:23	
5	Sat	2:10	4.0	2:37	4.9	8:18	0.8	9:38	0.8	6:27	7:21	
6	Sun	3:19	4.0	3:47	5.0	9:34	0.7	10:40	0.5	6:28	7:19	
7	Mon	4:29	4.2	4:56	5.1	10:40	0.5	11:35	0.2	6:29	7:18	
8	Tue	5:34	4.5	5:55	5.3	11:39	0.3			6:30	7:16	
9	Wed	6:29	4.9	6:47	5.4	12:25	0.0	12:34	0.1	6:31	7:15	
10	Thu	7:17	5.2	7:33	5.4	1:13	-0.2	1:25	0.0	6:32	7:13	
11	Fri	8:02	5.3	8:17	5.3	1:58	-0.3	2:15	0.0	6:33	7:11	
12	Sat	8:46	5.4	9:00	5.1	2:41	-0.2	3:01	0.0	6:34	7:10	
13	Sun	9:28	5.3	9:43	4.8	3:21	-0.1	3:45	0.2	6:35	7:08	
14	Mon	10:11	5.1	10:28	4.5	3:58	0.2	4:26	0.4	6:36	7:06	
15	Tue	10:55	4.9	11:15	4.1	4:34	0.5	5:08	0.7	6:37	7:05	
16	Wed	11:42	4.7			5:09	0.8	5:53	0.9	6:38	7:03	
17	Thu	12:06	3.9	12:31	4.5	5:48	1.1	6:46	1.2	6:39	7:01	
18	Fri	12:58	3.7	1:21	4.3	6:37	1.4	7:50	1.3	6:40	7:00	
19	Sat	1:51	3.6	2:13	4.2	7:44	1.5	8:56	1.3	6:41	6:58	
20	Sun	2:46	3.5	3:08	4.2	8:56	1.5	9:54	1.2	6:42	6:56	
21	Mon	3:45	3.6	4:06	4.3	9:57	1.4	10:43	1.0	6:43	6:55	
22	Tue	4:43	3.8	5:01	4.5	10:50	1.2	11:27	0.7	6:43	6:53	
23	Wed	5:34	4.1	5:49	4.7	11:37	0.9			6:44	6:51	
24	Thu	6:17	4.5	6:31	4.9	12:08	0.5	12:22	0.7	6:45	6:50	
25	Fri	6:55	4.8	7:10	5.0	12:48	0.3	1:07	0.4	6:46	6:48	
26	Sat	7:31	5.1	7:48	5.0	1:27	0.1	1:52	0.2	6:47	6:46	
27	Sun	8:07	5.3	8:28	5.0	2:07	0.0	2:38	0.1	6:48	6:45	
28	Mon	8:45	5.4	9:10	4.8	2:46	0.0	3:23	0.1	6:49	6:43	
29	Tue	9:28	5.4	9:58	4.6	3:26	0.0	4:08	0.2	6:50	6:42	
30	Wed	10:17	5.4	10:53	4.4	4:07	0.1	4:57	0.3	6:51	6:40	