US HARBORS www.USHarbors.com

Seaside Heights, NJ - Oct 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:14	5.2	11:57	4.2	4:52	0.3	5:52	0.6	6:52	6:38	
2	Fri			12:18	5.0	5:45	0.6	7:00	0.7	6:53	6:37	
3	Sat	1:02	4.1	1:24	4.9	6:54	0.8	8:14	0.8	6:54	6:35	
4	Sun	2:07	4.1	2:29	4.8	8:14	0.9	9:23	0.7	6:55	6:33	
5	Mon	3:12	4.2	3:35	4.8	9:28	0.8	10:22	0.4	6:56	6:32	
6	Tue	4:18	4.4	4:39	4.9	10:32	0.6	11:14	0.2	6:57	6:30	
7	Wed	5:18	4.8	5:37	5.0	11:28	0.4			6:58	6:29	
8	Thu	6:10	5.1	6:26	5.0	12:00	0.0	12:19	0.2	6:59	6:27	
9	Fri	6:55	5.3	7:11	5.0	12:44	-0.1	1:07	0.1	7:00	6:26	
10	Sat	7:36	5.4	7:52	4.9	1:27	-0.1	1:54	0.1	7:01	6:24	
11	Sun	8:16	5.4	8:33	4.7	2:07	0.0	2:38	0.1	7:02	6:22	
12	Mon	8:55	5.3	9:14	4.5	2:46	0.2	3:20	0.2	7:03	6:21	
13	Tue	9:33	5.1	9:56	4.2	3:23	0.4	3:59	0.4	7:04	6:19	
14	Wed	10:14	4.9	10:41	4.0	3:58	0.6	4:39	0.6	7:05	6:18	
15	Thu	10:58	4.6	11:32	3.7	4:33	0.9	5:19	0.8	7:06	6:16	
16	Fri	11:47	4.4			5:09	1.2	6:06	1.1	7:07	6:15	
17	Sat	12:26	3.6	12:40	4.2	5:53	1.4	7:04	1.2	7:08	6:13	
18	Sun	1:20	3.5	1:32	4.1	6:56	1.6	8:09	1.2	7:09	6:12	
19	Mon	2:12	3.6	2:24	4.1	8:13	1.6	9:09	1.1	7:11	6:11	
20	Tue	3:05	3.7	3:18	4.2	9:20	1.4	10:00	0.9	7:12	6:09	
21	Wed	3:59	3.9	4:14	4.3	10:17	1.2	10:45	0.6	7:13	6:08	
22	Thu	4:51	4.2	5:07	4.5	11:07	0.9	11:26	0.4	7:14	6:06	
23	Fri	5:37	4.6	5:55	4.6	11:54	0.5			7:15	6:05	
24	Sat	6:19	5.0	6:39	4.8	12:07	0.2	12:41	0.2	7:16	6:04	
25	Sun	6:59	5.4	7:22	4.8	12:49	0.0	1:29	0.0	7:17	6:02	
26	Mon	7:39	5.6	8:07	4.8	1:32	-0.1	2:18	-0.1	7:18	6:01	
27	Tue	8:22	5.7	8:54	4.7	2:17	-0.1	3:07	-0.2	7:19	6:00	
28	Wed	9:10	5.7	9:46	4.5	3:04	-0.1	3:56	-0.1	7:20	5:58	
29	Thu	10:03	5.5	10:46	4.3	3:52	0.0	4:47	0.0	7:21	5:57	
30	Fri	11:03	5.2	11:51	4.2	4:42	0.2	5:43	0.2	7:23	5:56	
31	Sat			12:09	5.0	5:39	0.5	6:47	0.4	7:24	5:55	