US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jun 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:18	4.5	3:04	4.9	8:55	0.1	9:33	0.5	5:29	8:19	
2	Fri	3:18	4.4	4:03	5.1	9:51	0.1	10:34	0.3	5:28	8:19	
3	Sat	4:21	4.3	5:01	5.3	10:45	0.0	11:30	0.2	5:28	8:20	
4	Sun	5:23	4.3	5:56	5.4	11:36	0.0			5:28	8:21	
5	Mon	6:20	4.3	6:45	5.5	12:23	0.0	12:26	0.1	5:27	8:21	
6	Tue	7:11	4.4	7:32	5.5	1:15	-0.1	1:16	0.2	5:27	8:22	
7	Wed	8:00	4.4	8:17	5.4	2:05	-0.1	2:05	0.3	5:27	8:22	
8	Thu	8:48	4.3	9:02	5.2	2:52	-0.1	2:53	0.4	5:27	8:23	
9	Fri	9:36	4.2	9:47	5.0	3:36	0.0	3:37	0.5	5:27	8:24	
10	Sat	10:24	4.1	10:33	4.7	4:17	0.1	4:19	0.7	5:26	8:24	
11	Sun	11:13	4.0	11:20	4.5	4:57	0.3	5:01	0.9	5:26	8:25	
12	Mon			12:02	4.0	5:36	0.4	5:45	1.1	5:26	8:25	
13	Tue	12:07	4.3	12:49	4.0	6:17	0.6	6:37	1.3	5:26	8:25	
14	Wed	12:53	4.1	1:33	4.1	7:02	0.7	7:37	1.4	5:26	8:26	
15	Thu	1:38	3.9	2:15	4.2	7:51	0.8	8:39	1.3	5:26	8:26	
16	Fri	2:24	3.8	2:59	4.3	8:42	0.8	9:38	1.2	5:26	8:27	
17	Sat	3:15	3.7	3:47	4.4	9:32	0.8	10:32	1.0	5:27	8:27	
18	Sun	4:12	3.7	4:38	4.6	10:21	0.7	11:22	0.8	5:27	8:27	
19	Mon	5:10	3.7	5:29	4.8	11:08	0.6			5:27	8:27	
20	Tue	6:04	3.9	6:16	5.1	12:10	0.5	11:56 AM	0.5	5:27	8:28	
21	Wed	6:52	4.0	7:01	5.3	12:59	0.3	12:45	0.4	5:27	8:28	
22	Thu	7:39	4.2	7:46	5.5	1:48	0.1	1:36	0.3	5:28	8:28	
23	Fri	8:26	4.4	8:33	5.5	2:37	-0.1	2:28	0.1	5:28	8:28	
24	Sat	9:15	4.5	9:22	5.5	3:23	-0.3	3:19	0.1	5:28	8:28	
25	Sun	10:07	4.6	10:15	5.4	4:08	-0.3	4:09	0.1	5:29	8:28	
26	Mon	11:03	4.7	11:10	5.2	4:53	-0.3	5:00	0.2	5:29	8:29	
27	Tue	11:59	4.8			5:40	-0.2	5:56	0.3	5:29	8:29	
28	Wed	12:07	4.9	12:55	4.9	6:31	-0.1	7:00	0.5	5:30	8:29	
29	Thu	1:04	4.7	1:49	5.0	7:28	0.0	8:08	0.6	5:30	8:28	
30	Fri	2:00	4.4	2:43	5.1	8:27	0.2	9:15	0.6	5:31	8:28	