


































## Seaside Heights, NJ - May 2029

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Tue | 10:26 | 4.5 | 10:47 | 5.2 | 4:23  | -0.5 | 4:29  | 0.0  | 5:55  | 7:50 |    |
| 2    | Wed | 11:25 | 4.3 | 11:44 | 4.9 | 5:12  | -0.3 | 5:20  | 0.3  | 5:54  | 7:51 |    |
| 3    | Thu |       |     | 12:23 | 4.2 | 6:05  | 0.1  | 6:17  | 0.7  | 5:53  | 7:52 |    |
| 4    | Fri | 12:40 | 4.6 | 1:19  | 4.1 | 7:02  | 0.3  | 7:21  | 0.9  | 5:51  | 7:53 |    |
| 5    | Sat | 1:34  | 4.4 | 2:12  | 4.1 | 8:02  | 0.5  | 8:28  | 1.0  | 5:50  | 7:54 |    |
| 6    | Sun | 2:27  | 4.2 | 3:04  | 4.1 | 8:58  | 0.6  | 9:29  | 1.0  | 5:49  | 7:55 |    |
| 7    | Mon | 3:19  | 4.0 | 3:56  | 4.2 | 9:48  | 0.6  | 10:23 | 0.9  | 5:48  | 7:56 |    |
| 8    | Tue | 4:14  | 3.9 | 4:48  | 4.4 | 10:33 | 0.5  | 11:11 | 0.7  | 5:47  | 7:57 |    |
| 9    | Wed | 5:07  | 4.0 | 5:34  | 4.5 | 11:15 | 0.5  | 11:56 | 0.5  | 5:46  | 7:58 |    |
| 10   | Thu | 5:56  | 4.0 | 6:16  | 4.7 | 11:54 | 0.4  |       |      | 5:45  | 7:59 |    |
| 11   | Fri | 6:39  | 4.1 | 6:54  | 4.9 | 12:39 | 0.4  | 12:34 | 0.4  | 5:44  | 8:00 |    |
| 12   | Sat | 7:20  | 4.1 | 7:30  | 5.0 | 1:22  | 0.3  | 1:14  | 0.4  | 5:43  | 8:01 |   |
| 13   | Sun | 7:59  | 4.1 | 8:03  | 5.0 | 2:05  | 0.2  | 1:55  | 0.4  | 5:42  | 8:02 |  |
| 14   | Mon | 8:38  | 4.1 | 8:36  | 4.9 | 2:46  | 0.2  | 2:35  | 0.5  | 5:41  | 8:03 |  |
| 15   | Tue | 9:16  | 4.0 | 9:10  | 4.9 | 3:26  | 0.2  | 3:13  | 0.5  | 5:40  | 8:04 |  |
| 16   | Wed | 9:57  | 3.9 | 9:47  | 4.8 | 4:04  | 0.2  | 3:51  | 0.6  | 5:39  | 8:05 |  |
| 17   | Thu | 10:42 | 3.9 | 10:32 | 4.7 | 4:42  | 0.3  | 4:29  | 0.7  | 5:38  | 8:06 |  |
| 18   | Fri | 11:33 | 3.9 | 11:25 | 4.6 | 5:22  | 0.4  | 5:13  | 0.8  | 5:37  | 8:07 |  |
| 19   | Sat |       |     | 12:26 | 4.0 | 6:08  | 0.4  | 6:08  | 0.8  | 5:37  | 8:08 |  |
| 20   | Sun | 12:23 | 4.6 | 1:20  | 4.2 | 7:03  | 0.5  | 7:18  | 0.9  | 5:36  | 8:09 |  |
| 21   | Mon | 1:22  | 4.5 | 2:14  | 4.5 | 8:04  | 0.4  | 8:33  | 0.7  | 5:35  | 8:10 |  |
| 22   | Tue | 2:22  | 4.5 | 3:11  | 4.8 | 9:04  | 0.3  | 9:42  | 0.5  | 5:34  | 8:10 |  |
| 23   | Wed | 3:25  | 4.4 | 4:12  | 5.1 | 10:02 | 0.1  | 10:44 | 0.2  | 5:34  | 8:11 |  |
| 24   | Thu | 4:31  | 4.4 | 5:12  | 5.4 | 10:56 | -0.1 | 11:42 | -0.1 | 5:33  | 8:12 |  |
| 25   | Fri | 5:35  | 4.5 | 6:08  | 5.7 | 11:50 | -0.2 |       |      | 5:32  | 8:13 |  |
| 26   | Sat | 6:33  | 4.6 | 7:00  | 5.9 | 12:37 | -0.3 | 12:43 | -0.3 | 5:32  | 8:14 |  |
| 27   | Sun | 7:27  | 4.7 | 7:51  | 5.9 | 1:32  | -0.4 | 1:37  | -0.3 | 5:31  | 8:15 |  |
| 28   | Mon | 8:20  | 4.7 | 8:41  | 5.8 | 2:26  | -0.5 | 2:31  | -0.2 | 5:31  | 8:15 |  |
| 29   | Tue | 9:14  | 4.6 | 9:32  | 5.5 | 3:17  | -0.5 | 3:22  | 0.0  | 5:30  | 8:16 |  |
| 30   | Wed | 10:08 | 4.5 | 10:25 | 5.2 | 4:05  | -0.4 | 4:11  | 0.2  | 5:30  | 8:17 |  |
| 31   | Thu | 11:04 | 4.4 | 11:18 | 4.9 | 4:51  | -0.2 | 4:59  | 0.5  | 5:29  | 8:18 |  |