US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jun 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:59	4.3			5:38	0.1	5:50	0.8	5:29	8:18	
2	Sat	12:11	4.6	12:51	4.3	6:26	0.3	6:47	1.0	5:28	8:19	
3	Sun	1:01	4.4	1:39	4.2	7:17	0.5	7:48	1.2	5:28	8:20	
4	Mon	1:49	4.1	2:26	4.3	8:09	0.7	8:49	1.2	5:28	8:20	
5	Tue	2:38	4.0	3:13	4.3	8:59	0.7	9:46	1.1	5:27	8:21	
6	Wed	3:28	3.8	4:02	4.4	9:46	0.7	10:37	0.9	5:27	8:22	
7	Thu	4:23	3.8	4:52	4.5	10:31	0.7	11:24	0.8	5:27	8:22	
8	Fri	5:17	3.8	5:39	4.7	11:15	0.6			5:27	8:23	
9	Sat	6:07	3.9	6:21	4.9	12:09	0.6	11:58 AM	0.6	5:27	8:23	
10	Sun	6:52	4.0	7:00	5.0	12:54	0.4	12:41	0.6	5:27	8:24	
11	Mon	7:34	4.0	7:38	5.1	1:39	0.3	1:26	0.5	5:26	8:24	
12	Tue	8:15	4.1	8:14	5.1	2:23	0.2	2:10	0.5	5:26	8:25	
13	Wed	8:55	4.1	8:52	5.1	3:05	0.1	2:54	0.5	5:26	8:25	
14	Thu	9:38	4.1	9:34	5.1	3:45	0.1	3:36	0.5	5:26	8:26	
15	Fri	10:24	4.2	10:20	5.0	4:24	0.1	4:19	0.5	5:26	8:26	
16	Sat	11:14	4.3	11:12	4.8	5:04	0.1	5:05	0.6	5:26	8:27	
17	Sun			12:07	4.4	5:47	0.1	5:59	0.6	5:27	8:27	
18	Mon	12:08	4.7	1:00	4.6	6:36	0.2	7:04	0.7	5:27	8:27	
19	Tue	1:05	4.6	1:54	4.9	7:33	0.2	8:15	0.7	5:27	8:27	
20	Wed	2:02	4.4	2:49	5.0	8:34	0.2	9:24	0.6	5:27	8:28	
21	Thu	3:03	4.3	3:49	5.2	9:35	0.2	10:28	0.3	5:27	8:28	
22	Fri	4:10	4.2	4:51	5.4	10:33	0.1	11:26	0.1	5:28	8:28	
23	Sat	5:17	4.3	5:50	5.5	11:29	0.0			5:28	8:28	
24	Sun	6:18	4.4	6:44	5.6	12:22	-0.1	12:25	0.0	5:28	8:28	
25	Mon	7:13	4.5	7:35	5.7	1:16	-0.2	1:19	0.0	5:28	8:28	
26	Tue	8:05	4.6	8:24	5.6	2:09	-0.3	2:13	0.1	5:29	8:28	
27	Wed	8:56	4.6	9:12	5.4	2:58	-0.3	3:03	0.2	5:29	8:29	
28	Thu	9:46	4.5	10:00	5.1	3:43	-0.3	3:51	0.3	5:30	8:29	
29	Fri	10:36	4.5	10:48	4.9	4:25	-0.1	4:35	0.5	5:30	8:28	
30	Sat	11:26	4.4	11:36	4.6	5:06	0.1	5:20	0.7	5:31	8:28	