US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:14	4.3	5:46	0.3	6:08	1.0	5:31	8:28	
2	Mon	12:24	4.3	1:00	4.3	6:28	0.5	7:03	1.2	5:32	8:28	
3	Tue	1:10	4.1	1:44	4.3	7:14	0.7	8:03	1.3	5:32	8:28	
4	Wed	1:56	3.9	2:28	4.3	8:04	0.8	9:03	1.2	5:33	8:28	
5	Thu	2:44	3.7	3:14	4.4	8:55	0.9	9:59	1.1	5:33	8:28	
6	Fri	3:38	3.6	4:05	4.4	9:47	0.9	10:50	0.9	5:34	8:27	
7	Sat	4:37	3.6	4:58	4.6	10:37	0.8	11:39	0.7	5:34	8:27	
8	Sun	5:33	3.7	5:48	4.8	11:25	0.7			5:35	8:27	
9	Mon	6:23	3.9	6:32	5.0	12:25	0.5	12:12	0.6	5:36	8:26	
10	Tue	7:07	4.1	7:14	5.1	1:11	0.3	12:59	0.5	5:36	8:26	
11	Wed	7:50	4.2	7:54	5.3	1:57	0.1	1:47	0.4	5:37	8:25	
12	Thu	8:32	4.4	8:35	5.3	2:40	0.0	2:35	0.3	5:38	8:25	
13	Fri	9:16	4.5	9:19	5.3	3:22	-0.1	3:21	0.2	5:39	8:24	
14	Sat	10:02	4.6	10:05	5.1	4:02	-0.2	4:07	0.2	5:39	8:24	
15	Sun	10:52	4.8	10:57	4.9	4:42	-0.2	4:55	0.3	5:40	8:23	
16	Mon	11:45	4.9	11:52	4.7	5:24	-0.1	5:48	0.4	5:41	8:23	
17	Tue			12:40	5.0	6:11	0.0	6:49	0.6	5:42	8:22	
18	Wed	12:50	4.5	1:34	5.1	7:07	0.2	7:59	0.6	5:42	8:21	
19	Thu	1:48	4.3	2:30	5.1	8:10	0.3	9:09	0.6	5:43	8:21	
20	Fri	2:48	4.1	3:30	5.1	9:15	0.3	10:13	0.5	5:44	8:20	
21	Sat	3:55	4.1	4:34	5.2	10:17	0.3	11:12	0.3	5:45	8:19	
22	Sun	5:03	4.1	5:36	5.3	11:16	0.3			5:46	8:19	
23	Mon	6:05	4.3	6:30	5.4	12:07	0.1	12:11	0.2	5:47	8:18	
24	Tue	6:59	4.5	7:19	5.4	12:59	0.0	1:04	0.2	5:48	8:17	
25	Wed	7:48	4.6	8:05	5.4	1:48	-0.1	1:55	0.2	5:48	8:16	
26	Thu	8:34	4.6	8:49	5.2	2:34	-0.2	2:43	0.2	5:49	8:15	
27	Fri	9:19	4.6	9:32	5.0	3:16	-0.1	3:27	0.3	5:50	8:14	
28	Sat	10:03	4.6	10:15	4.8	3:54	0.0	4:09	0.5	5:51	8:13	
29	Sun	10:47	4.5	10:59	4.5	4:30	0.1	4:49	0.7	5:52	8:12	
30	Mon	11:31	4.4	11:44	4.2	5:05	0.3	5:31	0.9	5:53	8:11	
31	Tue			12:15	4.4	5:40	0.6	6:17	1.1	5:54	8:10	