US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:12	4.1	8:16	5.0	2:17	0.2	2:06	0.5	5:29	8:18	
2	Sun	8:52	4.1	8:50	4.9	2:58	0.2	2:47	0.6	5:28	8:19	
3	Mon	9:33	4.0	9:24	4.8	3:36	0.2	3:26	0.7	5:28	8:20	
4	Tue	10:14	3.9	10:00	4.7	4:13	0.3	4:03	0.8	5:28	8:20	
5	Wed	10:57	3.9	10:40	4.5	4:48	0.4	4:40	0.8	5:27	8:21	
6	Thu	11:43	4.0	11:27	4.5	5:24	0.4	5:22	0.9	5:27	8:22	
7	Fri			12:30	4.1	6:04	0.5	6:13	1.0	5:27	8:22	
8	Sat	12:20	4.4	1:18	4.3	6:52	0.5	7:19	1.0	5:27	8:23	
9	Sun	1:15	4.3	2:08	4.6	7:49	0.5	8:31	0.9	5:27	8:23	
10	Mon	2:13	4.3	3:02	4.8	8:50	0.4	9:39	0.6	5:27	8:24	
11	Tue	3:15	4.2	4:02	5.1	9:49	0.2	10:41	0.3	5:26	8:24	
12	Wed	4:23	4.3	5:04	5.4	10:47	0.1	11:40	0.0	5:26	8:25	
13	Thu	5:30	4.4	6:03	5.7	11:43	-0.1			5:26	8:25	
14	Fri	6:30	4.6	6:57	5.9	12:36	-0.3	12:39	-0.2	5:26	8:26	
15	Sat	7:26	4.7	7:50	6.0	1:32	-0.5	1:36	-0.3	5:26	8:26	
16	Sun	8:21	4.8	8:43	5.9	2:26	-0.6	2:33	-0.3	5:26	8:26	
17	Mon	9:17	4.9	9:36	5.7	3:18	-0.7	3:27	-0.2	5:27	8:27	
18	Tue	10:13	4.8	10:30	5.4	4:07	-0.6	4:18	0.0	5:27	8:27	
19	Wed	11:09	4.8	11:25	5.1	4:55	-0.5	5:09	0.2	5:27	8:27	
20	Thu			12:05	4.7	5:43	-0.2	6:04	0.5	5:27	8:28	
21	Fri	12:19	4.8	12:57	4.6	6:32	0.1	7:03	0.8	5:27	8:28	
22	Sat	1:10	4.5	1:47	4.6	7:24	0.3	8:05	1.0	5:27	8:28	
23	Sun	1:59	4.2	2:34	4.5	8:17	0.5	9:06	1.0	5:28	8:28	
24	Mon	2:49	4.0	3:23	4.5	9:08	0.6	10:01	0.9	5:28	8:28	
25	Tue	3:42	3.8	4:14	4.6	9:56	0.7	10:52	0.8	5:28	8:28	
26	Wed	4:38	3.8	5:05	4.6	10:42	0.7	11:38	0.7	5:29	8:28	
27	Thu	5:33	3.8	5:52	4.8	11:27	0.7			5:29	8:29	
28	Fri	6:22	3.9	6:35	4.9	12:23	0.6	12:11	0.6	5:30	8:29	
29	Sat	7:06	4.0	7:15	4.9	1:08	0.4	12:56	0.6	5:30	8:28	
30	Sun	7:48	4.1	7:52	5.0	1:51	0.3	1:41	0.6	5:30	8:28	