US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:17	4.6	9:18	5.0	3:21	0.0	3:26	0.3	5:55	8:09	
2	Fri	9:57	4.7	9:59	4.8	3:57	0.0	4:08	0.3	5:55	8:08	
3	Sat	10:41	4.8	10:46	4.7	4:32	0.0	4:51	0.4	5:56	8:07	
4	Sun	11:31	4.8	11:39	4.5	5:09	0.1	5:40	0.5	5:57	8:06	
5	Mon			12:25	4.9	5:53	0.2	6:40	0.7	5:58	8:05	
6	Tue	12:38	4.3	1:21	5.0	6:48	0.4	7:50	0.7	5:59	8:04	
7	Wed	1:38	4.2	2:19	5.1	7:56	0.5	9:03	0.7	6:00	8:03	
8	Thu	2:42	4.1	3:22	5.1	9:08	0.5	10:09	0.5	6:01	8:02	
9	Fri	3:51	4.1	4:29	5.2	10:14	0.4	11:08	0.2	6:02	8:00	
10	Sat	5:01	4.3	5:33	5.4	11:15	0.2			6:03	7:59	
11	Sun	6:03	4.6	6:29	5.5	12:03	0.0	12:13	0.0	6:04	7:58	
12	Mon	6:58	4.9	7:19	5.6	12:55	-0.2	1:07	-0.1	6:05	7:56	
13	Tue	7:48	5.0	8:07	5.6	1:45	-0.4	2:00	-0.1	6:06	7:55	
14	Wed	8:35	5.1	8:53	5.4	2:32	-0.4	2:50	-0.1	6:07	7:54	
15	Thu	9:21	5.1	9:38	5.2	3:16	-0.4	3:36	0.1	6:08	7:53	
16	Fri	10:07	5.0	10:24	4.9	3:56	-0.2	4:20	0.3	6:09	7:51	
17	Sat	10:53	4.9	11:12	4.5	4:35	0.0	5:03	0.5	6:10	7:50	
18	Sun	11:40	4.7			5:12	0.3	5:48	0.8	6:11	7:48	
19	Mon	12:00	4.2	12:26	4.5	5:51	0.6	6:39	1.1	6:11	7:47	
20	Tue	12:50	4.0	1:13	4.4	6:36	0.9	7:39	1.2	6:12	7:46	
21	Wed	1:39	3.8	2:00	4.3	7:30	1.1	8:42	1.3	6:13	7:44	
22	Thu	2:30	3.7	2:50	4.3	8:31	1.2	9:41	1.2	6:14	7:43	
23	Fri	3:25	3.7	3:45	4.3	9:32	1.2	10:34	1.0	6:15	7:41	
24	Sat	4:25	3.8	4:42	4.4	10:26	1.0	11:21	0.8	6:16	7:40	
25	Sun	5:20	3.9	5:34	4.6	11:16	0.9			6:17	7:38	
26	Mon	6:09	4.2	6:19	4.9	12:05	0.6	12:04	0.7	6:18	7:37	
27	Tue	6:51	4.5	6:59	5.0	12:48	0.4	12:50	0.5	6:19	7:35	
28	Wed	7:30	4.7	7:38	5.1	1:29	0.2	1:36	0.3	6:20	7:34	
29	Thu	8:08	4.9	8:16	5.2	2:10	0.0	2:22	0.2	6:21	7:32	
30	Fri	8:47	5.1	8:57	5.1	2:49	-0.1	3:07	0.1	6:22	7:31	
31	Sat	9:29	5.2	9:41	4.9	3:28	-0.1	3:51	0.1	6:23	7:29	