US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jun 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:53	4.0	4:38	4.9	10:25	0.4	11:11	0.4	5:29	8:18	
2	Mon	4:57	4.2	5:32	5.2	11:16	0.2			5:29	8:19	
3	Tue	5:56	4.3	6:24	5.6	12:04	0.1	12:07	0.0	5:28	8:19	
4	Wed	6:50	4.5	7:14	5.8	12:57	-0.2	12:59	-0.1	5:28	8:20	
5	Thu	7:42	4.7	8:04	5.9	1:51	-0.4	1:54	-0.2	5:28	8:21	
6	Fri	8:36	4.8	8:56	5.9	2:44	-0.6	2:48	-0.3	5:27	8:21	
7	Sat	9:31	4.8	9:51	5.8	3:35	-0.7	3:42	-0.2	5:27	8:22	
8	Sun	10:29	4.8	10:48	5.5	4:24	-0.7	4:35	-0.1	5:27	8:23	
9	Mon	11:29	4.8	11:47	5.3	5:14	-0.5	5:30	0.1	5:27	8:23	
10	Tue			12:28	4.8	6:07	-0.3	6:31	0.4	5:27	8:24	
11	Wed	12:44	5.0	1:23	4.8	7:03	-0.1	7:37	0.6	5:26	8:24	
12	Thu	1:39	4.7	2:17	4.8	8:01	0.1	8:43	0.7	5:26	8:25	
13	Fri	2:33	4.4	3:10	4.8	8:58	0.2	9:45	0.6	5:26	8:25	
14	Sat	3:29	4.2	4:04	4.8	9:51	0.3	10:40	0.6	5:26	8:26	
15	Sun	4:26	4.1	4:58	4.9	10:40	0.4	11:30	0.5	5:26	8:26	
16	Mon	5:23	4.1	5:48	4.9	11:26	0.4			5:26	8:26	
17	Tue	6:13	4.1	6:32	5.0	12:17	0.4	12:10	0.4	5:27	8:27	
18	Wed	6:59	4.2	7:13	5.0	1:02	0.3	12:53	0.5	5:27	8:27	
19	Thu	7:42	4.2	7:52	5.0	1:47	0.2	1:37	0.5	5:27	8:27	
20	Fri	8:24	4.2	8:30	4.9	2:29	0.2	2:20	0.5	5:27	8:28	
21	Sat	9:06	4.2	9:06	4.8	3:09	0.2	3:02	0.6	5:27	8:28	
22	Sun	9:48	4.1	9:42	4.7	3:46	0.2	3:41	0.7	5:27	8:28	
23	Mon	10:30	4.1	10:19	4.5	4:22	0.3	4:18	0.8	5:28	8:28	
24	Tue	11:13	4.1	10:57	4.4	4:56	0.4	4:56	0.9	5:28	8:28	
25	Wed	11:56	4.1	11:40	4.2	5:30	0.5	5:36	1.0	5:28	8:28	
26	Thu			12:39	4.2	6:06	0.6	6:26	1.1	5:29	8:28	
27	Fri	12:28	4.2	1:22	4.3	6:50	0.6	7:29	1.1	5:29	8:29	
28	Sat	1:19	4.1	2:09	4.5	7:45	0.7	8:39	1.0	5:29	8:29	
29	Sun	2:14	4.0	3:01	4.7	8:46	0.6	9:44	0.8	5:30	8:28	
30	Mon	3:15	4.0	4:01	5.0	9:47	0.4	10:45	0.5	5:30	8:28	