US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:14	4.7	6:40	5.8	12:17	-0.2	12:24	-0.1	5:54	8:10	
2	Sat	7:10	5.0	7:33	5.9	1:11	-0.4	1:22	-0.3	5:55	8:09	
3	Sun	8:03	5.2	8:24	5.9	2:03	-0.7	2:18	-0.4	5:56	8:08	
4	Mon	8:55	5.3	9:15	5.7	2:53	-0.8	3:11	-0.4	5:57	8:06	
5	Tue	9:47	5.3	10:07	5.5	3:41	-0.7	4:02	-0.3	5:58	8:05	
6	Wed	10:40	5.3	10:59	5.1	4:26	-0.6	4:52	0.0	5:59	8:04	
7	Thu	11:33	5.1	11:53	4.8	5:11	-0.3	5:43	0.3	6:00	8:03	
8	Fri			12:26	4.9	5:57	0.1	6:39	0.6	6:01	8:02	
9	Sat	12:46	4.5	1:17	4.8	6:47	0.4	7:40	0.9	6:02	8:01	
10	Sun	1:38	4.2	2:06	4.6	7:42	0.7	8:43	1.0	6:03	7:59	
11	Mon	2:30	4.0	2:57	4.5	8:40	0.9	9:43	1.0	6:04	7:58	
12	Tue	3:25	3.8	3:51	4.5	9:36	1.0	10:35	0.9	6:05	7:57	
13	Wed	4:23	3.8	4:47	4.5	10:28	0.9	11:23	0.8	6:06	7:55	
14	Thu	5:19	3.9	5:38	4.6	11:17	0.8			6:07	7:54	
15	Fri	6:09	4.1	6:23	4.8	12:07	0.6	12:03	0.7	6:07	7:53	
16	Sat	6:53	4.3	7:03	4.9	12:49	0.5	12:47	0.6	6:08	7:51	
17	Sun	7:33	4.5	7:40	4.9	1:30	0.3	1:31	0.5	6:09	7:50	
18	Mon	8:10	4.6	8:15	4.9	2:09	0.2	2:14	0.5	6:10	7:49	
19	Tue	8:46	4.6	8:48	4.8	2:47	0.2	2:55	0.4	6:11	7:47	
20	Wed	9:21	4.7	9:22	4.7	3:22	0.2	3:34	0.4	6:12	7:46	
21	Thu	9:56	4.7	9:58	4.6	3:54	0.2	4:12	0.5	6:13	7:44	
22	Fri	10:35	4.7	10:41	4.4	4:26	0.3	4:52	0.6	6:14	7:43	
23	Sat	11:21	4.8	11:32	4.2	5:00	0.4	5:37	0.7	6:15	7:42	
24	Sun			12:14	4.8	5:39	0.5	6:34	0.8	6:16	7:40	
25	Mon	12:31	4.1	1:11	4.9	6:33	0.7	7:46	0.9	6:17	7:39	
26	Tue	1:33	4.1	2:11	4.9	7:47	0.7	8:59	0.8	6:18	7:37	
27	Wed	2:38	4.1	3:16	5.1	9:04	0.6	10:04	0.5	6:19	7:36	
28	Thu	3:48	4.2	4:24	5.2	10:13	0.4	11:03	0.2	6:20	7:34	
29	Fri	4:57	4.5	5:28	5.4	11:15	0.2	11:57	-0.1	6:21	7:32	
30	Sat	5:59	4.9	6:24	5.6			12:12	-0.1	6:22	7:31	
31	Sun	6:53	5.2	7:16	5.8	12:49	-0.4	1:07	-0.3	6:23	7:29	