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# Seaside Heights, NJ - Sep 2031

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **7:43** | 5.5 | **8:05** | 5.7 | **1:39** | -0.6 | **2:01** | -0.3 | 6:24 | 7:28 | |
| 2 | Tue | **8:32** | 5.6 | **8:53** | 5.6 | **2:27** | -0.6 | **2:53** | -0.3 | 6:24 | 7:26 | |
| 3 | Wed | **9:20** | 5.5 | **9:41** | 5.3 | **3:13** | -0.5 | **3:41** | -0.2 | 6:25 | 7:25 | |
| 4 | Thu | **10:08** | 5.4 | **10:31** | 5.0 | **3:57** | -0.3 | **4:28** | 0.0 | 6:26 | 7:23 | |
| 5 | Fri | **10:58** | 5.1 | **11:23** | 4.6 | **4:39** | 0.0 | **5:15** | 0.3 | 6:27 | 7:21 | |
| 6 | Sat | **11:49** | 4.9 | | | **5:21** | 0.3 | **6:05** | 0.7 | 6:28 | 7:20 | |
| 7 | Sun | **12:16** | 4.3 | **12:40** | 4.7 | **6:06** | 0.7 | **7:01** | 1.0 | 6:29 | 7:18 | |
| 8 | Mon | **1:09** | 4.1 | **1:30** | 4.5 | **6:59** | 1.0 | **8:04** | 1.1 | 6:30 | 7:17 | |
| 9 | Tue | **2:01** | 3.9 | **2:20** | 4.4 | **8:00** | 1.2 | **9:06** | 1.2 | 6:31 | 7:15 | |
| 10 | Wed | **2:54** | 3.9 | **3:14** | 4.3 | **9:02** | 1.2 | **10:01** | 1.1 | 6:32 | 7:13 | |
| 11 | Thu | **3:50** | 3.9 | **4:10** | 4.3 | **9:59** | 1.1 | **10:49** | 0.9 | 6:33 | 7:12 | |
| 12 | Fri | **4:47** | 4.0 | **5:04** | 4.5 | **10:50** | 1.0 | **11:33** | 0.7 | 6:34 | 7:10 | |
| 13 | Sat | **5:38** | 4.3 | **5:52** | 4.6 | **11:37** | 0.8 | | | 6:35 | 7:08 | |
| 14 | Sun | **6:22** | 4.5 | **6:33** | 4.8 | **12:14** | 0.5 | **12:21** | 0.6 | 6:36 | 7:07 | |
| 15 | Mon | **7:02** | 4.7 | **7:11** | 4.9 | **12:54** | 0.4 | **1:05** | 0.5 | 6:37 | 7:05 | |
| 16 | Tue | **7:38** | 4.9 | **7:47** | 4.9 | **1:33** | 0.3 | **1:49** | 0.3 | 6:38 | 7:03 | |
| 17 | Wed | **8:13** | 5.0 | **8:22** | 4.9 | **2:11** | 0.2 | **2:31** | 0.3 | 6:39 | 7:02 | |
| 18 | Thu | **8:47** | 5.1 | **8:58** | 4.8 | **2:48** | 0.2 | **3:13** | 0.2 | 6:39 | 7:00 | |
| 19 | Fri | **9:24** | 5.1 | **9:38** | 4.6 | **3:24** | 0.2 | **3:54** | 0.3 | 6:40 | 6:58 | |
| 20 | Sat | **10:06** | 5.1 | **10:24** | 4.4 | **4:00** | 0.3 | **4:36** | 0.4 | 6:41 | 6:57 | |
| 21 | Sun | **10:55** | 5.1 | **11:20** | 4.3 | **4:38** | 0.4 | **5:24** | 0.5 | 6:42 | 6:55 | |
| 22 | Mon | **11:53** | 5.0 | | | **5:23** | 0.6 | **6:21** | 0.7 | 6:43 | 6:53 | |
| 23 | Tue | **12:23** | 4.2 | **12:55** | 5.0 | **6:21** | 0.7 | **7:30** | 0.7 | 6:44 | 6:52 | |
| 24 | Wed | **1:27** | 4.2 | **1:58** | 5.0 | **7:38** | 0.8 | **8:41** | 0.7 | 6:45 | 6:50 | |
| 25 | Thu | **2:31** | 4.3 | **3:02** | 5.0 | **8:55** | 0.7 | **9:46** | 0.4 | 6:46 | 6:48 | |
| 26 | Fri | **3:37** | 4.5 | **4:07** | 5.1 | **10:04** | 0.5 | **10:43** | 0.2 | 6:47 | 6:47 | |
| 27 | Sat | **4:43** | 4.8 | **5:10** | 5.2 | **11:04** | 0.2 | **11:36** | -0.1 | 6:48 | 6:45 | |
| 28 | Sun | **5:43** | 5.1 | **6:06** | 5.4 | **11:59** | 0.0 | | | 6:49 | 6:44 | |
| 29 | Mon | **6:35** | 5.4 | **6:57** | 5.5 | **12:25** | -0.3 | **12:52** | -0.2 | 6:50 | 6:42 | |
| 30 | Tue | **7:22** | 5.6 | **7:44** | 5.4 | **1:13** | -0.4 | **1:43** | -0.2 | 6:51 | 6:40 | |