US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jan 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:09	4.1	9:53	3.7	3:05	0.2	3:41	-0.1	7:17	4:41	
2	Fri	9:46	4.0	10:36	3.6	3:42	0.3	4:14	0.1	7:17	4:42	
3	Sat	10:26	3.8	11:19	3.6	4:20	0.5	4:49	0.2	7:17	4:43	
4	Sun	11:11	3.6			5:04	0.6	5:29	0.3	7:17	4:44	
5	Mon	12:03	3.7	12:00	3.5	6:01	0.7	6:21	0.4	7:17	4:44	
6	Tue	12:49	3.8	12:53	3.5	7:11	0.7	7:23	0.3	7:17	4:45	
7	Wed	1:39	4.0	1:52	3.4	8:20	0.5	8:27	0.2	7:17	4:46	
8	Thu	2:37	4.2	2:59	3.5	9:22	0.2	9:26	0.0	7:17	4:47	
9	Fri	3:40	4.5	4:06	3.7	10:19	-0.1	10:22	-0.3	7:17	4:48	
10	Sat	4:39	4.8	5:06	4.0	11:13	-0.5	11:17	-0.6	7:17	4:49	
11	Sun	5:34	5.2	6:01	4.3			12:06	-0.8	7:17	4:50	
12	Mon	6:25	5.4	6:53	4.5	12:12	-0.8	12:58	-1.1	7:16	4:51	
13	Tue	7:16	5.5	7:45	4.7	1:07	-1.0	1:49	-1.3	7:16	4:52	
14	Wed	8:07	5.4	8:38	4.7	2:01	-1.0	2:38	-1.3	7:16	4:53	
15	Thu	9:00	5.2	9:33	4.7	2:53	-1.0	3:25	-1.3	7:15	4:55	
16	Fri	9:54	4.9	10:29	4.6	3:44	-0.8	4:12	-1.1	7:15	4:56	
17	Sat	10:50	4.6	11:26	4.5	4:37	-0.5	5:02	-0.8	7:15	4:57	
18	Sun	11:46	4.3			5:36	-0.2	5:57	-0.5	7:14	4:58	
19	Mon	12:20	4.4	12:41	3.9	6:41	0.1	6:56	-0.2	7:14	4:59	
20	Tue	1:14	4.2	1:36	3.7	7:48	0.2	7:56	0.0	7:13	5:00	
21	Wed	2:09	4.1	2:34	3.5	8:50	0.2	8:52	0.1	7:12	5:01	
22	Thu	3:06	4.0	3:34	3.4	9:46	0.2	9:45	0.1	7:12	5:02	
23	Fri	4:04	4.1	4:31	3.5	10:36	0.1	10:33	0.0	7:11	5:04	
24	Sat	4:55	4.2	5:21	3.6	11:22	-0.1	11:18	0.0	7:11	5:05	
25	Sun	5:40	4.3	6:05	3.8			12:06	-0.2	7:10	5:06	
26	Mon	6:20	4.4	6:46	3.9	12:03	-0.1	12:47	-0.3	7:09	5:07	
27	Tue	6:58	4.4	7:25	3.9	12:46	-0.2	1:27	-0.4	7:08	5:08	
28	Wed	7:34	4.4	8:03	3.9	1:27	-0.2	2:04	-0.4	7:07	5:10	
29	Thu	8:08	4.2	8:40	3.9	2:07	-0.2	2:39	-0.4	7:07	5:11	
30	Fri	8:41	4.1	9:16	3.8	2:44	-0.1	3:11	-0.3	7:06	5:12	
31	Sat	9:14	3.9	9:52	3.8	3:19	0.0	3:41	-0.2	7:05	5:13	