US HARBORS www.USHarbors.com

Seaside Heights, NJ - Mar 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:24**	3.9	**9:53**	4.2	**3:34**	-0.1	**3:41**	-0.1	6:28	5:48	
2	Tue	**10:07**	3.7	**10:39**	4.2	**4:13**	0.1	**4:15**	0.1	6:26	5:49	
3	Wed	**11:00**	3.6	**11:34**	4.2	**4:59**	0.2	**4:58**	0.2	6:25	5:50	
4	Thu			**12:00**	3.6	**6:01**	0.3	**6:02**	0.3	6:23	5:51	
5	Fri	**12:33**	4.2	**1:03**	3.6	**7:17**	0.3	**7:25**	0.3	6:21	5:52	
6	Sat	**1:38**	4.3	**2:11**	3.7	**8:29**	0.2	**8:41**	0.1	6:20	5:53	
7	Sun	**2:47**	4.4	**3:23**	3.9	**9:32**	-0.1	**9:47**	-0.2	6:18	5:55	
8	Mon	**3:56**	4.7	**4:29**	4.3	**10:28**	-0.5	**10:46**	-0.5	6:17	5:56	
9	Tue	**4:57**	4.9	**5:26**	4.7	**11:21**	-0.8	**11:43**	-0.8	6:15	5:57	
10	Wed	**5:51**	5.2	**6:18**	5.1			**12:12**	-1.0	6:14	5:58	
11	Thu	**6:42**	5.3	**7:07**	5.3	**12:37**	-1.0	**1:02**	-1.2	6:12	5:59	
12	Fri	**7:31**	5.2	**7:55**	5.3	**1:30**	-1.1	**1:50**	-1.2	6:10	6:00	
13	Sat	**8:20**	5.0	**8:43**	5.2	**2:20**	-1.0	**2:35**	-1.0	6:09	6:01	
14	Sun	**10:10**	4.8	**10:33**	4.9	**4:07**	-0.8	**4:19**	-0.8	7:07	7:02	
15	Mon	**11:02**	4.4	**11:24**	4.7	**4:54**	-0.5	**5:03**	-0.4	7:06	7:03	
16	Tue	**11:55**	4.1			**5:42**	-0.2	**5:48**	0.0	7:04	7:04	
17	Wed	**12:16**	4.4	**12:49**	3.8	**6:36**	0.2	**6:40**	0.4	7:02	7:05	
18	Thu	**1:08**	4.1	**1:42**	3.6	**7:37**	0.5	**7:40**	0.7	7:01	7:06	
19	Fri	**1:59**	3.9	**2:35**	3.5	**8:40**	0.6	**8:44**	0.8	6:59	7:07	
20	Sat	**2:53**	3.8	**3:31**	3.5	**9:40**	0.6	**9:45**	0.8	6:58	7:08	
21	Sun	**3:51**	3.7	**4:29**	3.6	**10:31**	0.5	**10:39**	0.6	6:56	7:09	
22	Mon	**4:49**	3.8	**5:23**	3.8	**11:17**	0.4	**11:27**	0.4	6:54	7:10	
23	Tue	**5:41**	4.0	**6:10**	4.1	**11:59**	0.2			6:53	7:11	
24	Wed	**6:25**	4.1	**6:51**	4.3	**12:12**	0.2	**12:40**	0.1	6:51	7:12	
25	Thu	**7:05**	4.3	**7:28**	4.5	**12:56**	0.0	**1:20**	-0.1	6:49	7:13	
26	Fri	**7:41**	4.3	**8:03**	4.6	**1:39**	-0.1	**1:58**	-0.1	6:48	7:14	
27	Sat	**8:16**	4.3	**8:36**	4.7	**2:21**	-0.2	**2:35**	-0.1	6:46	7:15	
28	Sun	**8:51**	4.3	**9:10**	4.7	**3:01**	-0.2	**3:11**	-0.1	6:45	7:16	
29	Mon	**9:27**	4.2	**9:45**	4.7	**3:40**	-0.2	**3:45**	0.0	6:43	7:17	
30	Tue	**10:07**	4.1	**10:27**	4.7	**4:19**	-0.2	**4:20**	0.1	6:41	7:18	
31	Wed	**10:54**	3.9	**11:17**	4.6	**5:00**	0.0	**4:58**	0.2	6:40	7:19	