US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:30	4.5	3:06	5.0	8:52	0.1	9:45	0.5	5:31	8:28	
2	Fri	3:28	4.3	4:03	5.0	9:49	0.2	10:43	0.4	5:32	8:28	
3	Sat	4:29	4.2	5:01	5.0	10:42	0.3	11:35	0.3	5:32	8:28	
4	Sun	5:28	4.2	5:53	5.1	11:32	0.3			5:33	8:28	
5	Mon	6:21	4.3	6:40	5.1	12:25	0.2	12:20	0.3	5:33	8:27	
6	Tue	7:09	4.3	7:23	5.1	1:12	0.2	1:06	0.4	5:34	8:27	
7	Wed	7:53	4.4	8:04	5.1	1:57	0.1	1:52	0.4	5:35	8:27	
8	Thu	8:36	4.4	8:43	5.0	2:39	0.1	2:36	0.5	5:35	8:27	
9	Fri	9:19	4.4	9:22	4.8	3:19	0.1	3:17	0.5	5:36	8:26	
10	Sat	10:01	4.3	10:01	4.6	3:55	0.2	3:56	0.6	5:37	8:26	
11	Sun	10:44	4.3	10:39	4.4	4:30	0.3	4:34	0.8	5:37	8:25	
12	Mon	11:28	4.2	11:20	4.2	5:04	0.4	5:13	0.9	5:38	8:25	
13	Tue			12:11	4.2	5:38	0.6	5:55	1.1	5:39	8:24	
14	Wed	12:02	4.1	12:53	4.2	6:15	0.7	6:47	1.2	5:40	8:24	
15	Thu	12:47	4.0	1:35	4.3	6:59	0.8	7:50	1.2	5:40	8:23	
16	Fri	1:35	3.9	2:19	4.4	7:55	0.8	8:56	1.1	5:41	8:23	
17	Sat	2:27	3.8	3:11	4.6	8:56	0.8	9:57	0.9	5:42	8:22	
18	Sun	3:28	3.8	4:09	4.8	9:56	0.7	10:54	0.6	5:43	8:21	
19	Mon	4:35	4.0	5:10	5.1	10:53	0.5	11:47	0.2	5:44	8:21	
20	Tue	5:38	4.2	6:05	5.4	11:48	0.2			5:44	8:20	
21	Wed	6:34	4.5	6:58	5.7	12:40	-0.1	12:43	0.0	5:45	8:19	
22	Thu	7:27	4.8	7:48	5.9	1:32	-0.4	1:39	-0.2	5:46	8:18	
23	Fri	8:18	5.1	8:39	5.9	2:23	-0.6	2:34	-0.3	5:47	8:18	
24	Sat	9:11	5.2	9:31	5.8	3:12	-0.8	3:27	-0.4	5:48	8:17	
25	Sun	10:05	5.3	10:25	5.5	4:00	-0.8	4:19	-0.3	5:49	8:16	
26	Mon	11:01	5.3	11:21	5.2	4:47	-0.7	5:12	-0.1	5:50	8:15	
27	Tue	11:58	5.2			5:35	-0.4	6:09	0.2	5:50	8:14	
28	Wed	12:18	4.9	12:54	5.1	6:28	-0.2	7:12	0.5	5:51	8:13	
29	Thu	1:14	4.6	1:48	5.0	7:25	0.1	8:18	0.6	5:52	8:12	
30	Fri	2:09	4.4	2:42	4.9	8:25	0.4	9:23	0.7	5:53	8:11	
31	Sat	3:06	4.2	3:38	4.8	9:24	0.5	10:22	0.6	5:54	8:10	