US HARBORS www.USHarbors.com

Seaside Heights, NJ - Aug 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:06	4.1	4:36	4.8	10:20	0.6	11:14	0.5	5:55	8:09	
2	Mon	5:06	4.1	5:31	4.8	11:10	0.6			5:56	8:08	
3	Tue	6:00	4.2	6:19	4.9	12:02	0.4	11:58 AM	0.5	5:57	8:07	
4	Wed	6:47	4.3	7:01	5.0	12:47	0.4	12:43	0.5	5:58	8:06	
5	Thu	7:29	4.4	7:41	5.0	1:29	0.3	1:28	0.5	5:59	8:04	
6	Fri	8:10	4.5	8:18	4.9	2:10	0.2	2:11	0.5	6:00	8:03	
7	Sat	8:49	4.5	8:54	4.8	2:48	0.2	2:53	0.5	6:01	8:02	
8	Sun	9:28	4.5	9:29	4.7	3:24	0.2	3:31	0.5	6:02	8:01	
9	Mon	10:06	4.5	10:04	4.5	3:58	0.3	4:08	0.6	6:02	8:00	
10	Tue	10:43	4.4	10:40	4.3	4:29	0.4	4:45	0.8	6:03	7:58	
11	Wed	11:22	4.4	11:20	4.1	4:59	0.5	5:23	0.9	6:04	7:57	
12	Thu			12:04	4.4	5:31	0.7	6:07	1.0	6:05	7:56	
13	Fri	12:07	4.0	12:49	4.5	6:09	0.8	7:06	1.1	6:06	7:54	
14	Sat	12:59	3.9	1:39	4.6	7:03	0.9	8:17	1.1	6:07	7:53	
15	Sun	1:56	3.9	2:34	4.7	8:14	0.9	9:26	0.9	6:08	7:52	
16	Mon	2:58	3.9	3:37	4.9	9:26	0.8	10:27	0.6	6:09	7:50	
17	Tue	4:08	4.1	4:43	5.1	10:30	0.5	11:22	0.2	6:10	7:49	
18	Wed	5:15	4.4	5:44	5.5	11:29	0.2			6:11	7:48	
19	Thu	6:14	4.8	6:39	5.7	12:15	-0.1	12:26	-0.1	6:12	7:46	
20	Fri	7:07	5.2	7:30	5.9	1:07	-0.4	1:22	-0.3	6:13	7:45	
21	Sat	7:58	5.5	8:21	5.9	1:58	-0.7	2:18	-0.5	6:14	7:43	
22	Sun	8:50	5.6	9:12	5.8	2:48	-0.8	3:11	-0.5	6:15	7:42	
23	Mon	9:42	5.6	10:04	5.5	3:35	-0.8	4:02	-0.4	6:16	7:40	
24	Tue	10:36	5.5	10:59	5.2	4:22	-0.6	4:53	-0.2	6:17	7:39	
25	Wed	11:31	5.4	11:56	4.9	5:09	-0.3	5:47	0.2	6:18	7:37	
26	Thu			12:27	5.1	5:59	0.1	6:46	0.5	6:19	7:36	
27	Fri	12:53	4.5	1:22	4.9	6:54	0.4	7:52	0.7	6:20	7:34	
28	Sat	1:48	4.3	2:15	4.8	7:56	0.7	8:57	0.8	6:20	7:33	
29	Sun	2:44	4.1	3:10	4.6	8:58	0.9	9:56	0.8	6:21	7:31	
30	Mon	3:42	4.0	4:08	4.6	9:56	0.9	10:48	0.7	6:22	7:30	
31	Tue	4:41	4.1	5:04	4.6	10:48	0.8	11:34	0.6	6:23	7:28	