

































Seaside Heights, NJ - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:36	4.4	11:39	4.4	5:15	0.2	5:22	0.8	5:31	8:28	
2	Sat			12:24	4.3	5:55	0.4	6:08	1.0	5:32	8:28	
3	Sun	12:25	4.2	1:09	4.3	6:38	0.6	7:02	1.2	5:32	8:28	
4	Mon	1:11	4.0	1:54	4.3	7:26	0.8	8:02	1.2	5:33	8:28	
5	Tue	1:57	3.9	2:38	4.3	8:18	0.9	9:02	1.2	5:33	8:28	
6	Wed	2:45	3.8	3:26	4.4	9:11	0.9	9:59	1.0	5:34	8:27	
7	Thu	3:39	3.7	4:18	4.5	10:02	0.8	10:50	0.8	5:34	8:27	
8	Fri	4:37	3.8	5:09	4.7	10:51	0.7	11:39	0.6	5:35	8:27	
9	Sat	5:33	3.9	5:58	5.0	11:38	0.6			5:36	8:26	
10	Sun	6:23	4.1	6:42	5.2	12:27	0.3	12:26	0.4	5:36	8:26	
11	Mon	7:09	4.3	7:25	5.4	1:15	0.1	1:14	0.3	5:37	8:25	
12	Tue	7:53	4.5	8:09	5.5	2:02	-0.1	2:04	0.2	5:38	8:25	
13	Wed	8:39	4.6	8:55	5.5	2:48	-0.3	2:53	0.0	5:39	8:24	
14	Thu	9:27	4.8	9:43	5.4	3:32	-0.4	3:41	0.0	5:39	8:24	
15	Fri	10:18	4.8	10:35	5.3	4:16	-0.5	4:30	0.1	5:40	8:23	
16	Sat	11:13	4.9	11:31	5.1	5:01	-0.4	5:22	0.2	5:41	8:23	
17	Sun			12:10	5.0	5:49	-0.3	6:20	0.4	5:42	8:22	
18	Mon	12:29	4.9	1:06	5.0	6:43	-0.1	7:27	0.5	5:42	8:21	
19	Tue	1:26	4.7	2:02	5.1	7:42	0.1	8:36	0.5	5:43	8:21	
20	Wed	2:24	4.5	2:59	5.1	8:45	0.2	9:42	0.5	5:44	8:20	
21	Thu	3:25	4.3	3:59	5.1	9:46	0.2	10:42	0.3	5:45	8:19	
22	Fri	4:29	4.3	5:00	5.1	10:43	0.2	11:37	0.2	5:46	8:19	
23	Sat	5:31	4.4	5:56	5.2	11:36	0.2			5:47	8:18	
24	Sun	6:26	4.5	6:46	5.3	12:28	0.1	12:27	0.2	5:48	8:17	
25	Mon	7:15	4.6	7:31	5.3	1:17	0.0	1:17	0.2	5:48	8:16	
26	Tue	8:01	4.7	8:14	5.2	2:04	-0.1	2:05	0.2	5:49	8:15	
27	Wed	8:46	4.7	8:55	5.1	2:47	-0.1	2:50	0.3	5:50	8:14	
28	Thu	9:29	4.6	9:36	4.9	3:27	0.0	3:32	0.4	5:51	8:13	
29	Fri	10:13	4.5	10:18	4.6	4:04	0.1	4:11	0.5	5:52	8:12	
30	Sat	10:57	4.5	11:00	4.4	4:39	0.3	4:51	0.7	5:53	8:11	
31	Sun	11:41	4.4	11:43	4.2	5:14	0.4	5:31	0.9	5:54	8:10	