






























Seaside Heights, NJ - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:33	3.9	1:05	4.4	6:23	1.1	7:28	1.2	6:24	7:27	
2	Fri	1:24	3.8	1:54	4.4	7:24	1.2	8:37	1.2	6:25	7:25	
3	Sat	2:18	3.8	2:48	4.5	8:37	1.2	9:39	1.0	6:26	7:24	
4	Sun	3:18	3.9	3:49	4.7	9:43	1.0	10:35	0.7	6:27	7:22	
5	Mon	4:23	4.1	4:51	5.0	10:43	0.7	11:26	0.3	6:28	7:21	
6	Tue	5:23	4.5	5:48	5.3	11:37	0.3			6:29	7:19	
7	Wed	6:17	4.9	6:39	5.6	12:16	0.0	12:31	0.0	6:30	7:17	
8	Thu	7:06	5.3	7:28	5.7	1:04	-0.3	1:24	-0.2	6:31	7:16	
9	Fri	7:54	5.6	8:17	5.8	1:53	-0.5	2:18	-0.4	6:32	7:14	
10	Sat	8:43	5.7	9:07	5.7	2:42	-0.7	3:10	-0.5	6:32	7:12	
11	Sun	9:34	5.8	10:00	5.4	3:29	-0.7	4:01	-0.4	6:33	7:11	
12	Mon	10:28	5.7	10:57	5.1	4:16	-0.5	4:52	-0.2	6:34	7:09	
13	Tue	11:26	5.5	11:56	4.9	5:04	-0.3	5:47	0.1	6:35	7:07	
14	Wed			12:25	5.3	5:57	0.1	6:49	0.4	6:36	7:06	
15	Thu	12:56	4.6	1:23	5.1	6:58	0.4	7:57	0.6	6:37	7:04	
16	Fri	1:55	4.4	2:20	4.9	8:04	0.7	9:03	0.7	6:38	7:03	
17	Sat	2:54	4.3	3:19	4.7	9:10	0.8	10:03	0.6	6:39	7:01	
18	Sun	3:54	4.3	4:18	4.7	10:10	0.8	10:55	0.5	6:40	6:59	
19	Mon	4:53	4.4	5:15	4.7	11:02	0.7	11:41	0.4	6:41	6:58	
20	Tue	5:45	4.6	6:03	4.8	11:50	0.6			6:42	6:56	
21	Wed	6:30	4.8	6:46	4.9	12:23	0.3	12:34	0.5	6:43	6:54	
22	Thu	7:11	4.9	7:25	4.9	1:04	0.3	1:17	0.4	6:44	6:53	
23	Fri	7:49	5.0	8:02	4.8	1:42	0.3	2:00	0.3	6:45	6:51	
24	Sat	8:25	5.0	8:38	4.7	2:20	0.3	2:40	0.4	6:46	6:49	
25	Sun	9:01	5.0	9:13	4.5	2:56	0.3	3:19	0.4	6:47	6:48	
26	Mon	9:36	4.8	9:48	4.3	3:30	0.5	3:56	0.5	6:48	6:46	
27	Tue	10:11	4.7	10:25	4.1	4:02	0.6	4:32	0.7	6:49	6:44	
28	Wed	10:47	4.6	11:07	4.0	4:33	0.8	5:10	0.8	6:50	6:43	
29	Thu	11:30	4.5	11:57	3.9	5:04	1.0	5:53	1.0	6:50	6:41	
30	Fri			12:21	4.5	5:43	1.1	6:48	1.1	6:51	6:39	