
































Seaside Heights, NJ - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:26	4.2	2:47	4.6	8:52	0.9	9:30	0.3	7:25	5:53	
2	Wed	3:27	4.5	3:52	4.7	9:59	0.5	10:26	0.0	7:26	5:52	
3	Thu	4:29	4.9	4:55	4.9	10:59	0.2	11:18	-0.3	7:27	5:51	
4	Fri	5:28	5.3	5:54	5.1	11:55	-0.2			7:29	5:50	
5	Sat	6:22	5.7	6:48	5.2	12:09	-0.5	12:49	-0.5	7:30	5:49	
6	Sun	6:12	5.9	6:39	5.3	1:00	-0.7	12:43	-0.6	6:31	4:48	
7	Mon	7:02	6.0	7:31	5.2	12:52	-0.7	1:36	-0.7	6:32	4:47	
8	Tue	7:52	5.9	8:24	5.0	1:43	-0.6	2:28	-0.7	6:33	4:46	
9	Wed	8:43	5.6	9:19	4.8	2:33	-0.4	3:17	-0.5	6:34	4:45	
10	Thu	9:37	5.3	10:17	4.5	3:21	-0.2	4:07	-0.2	6:35	4:44	
11	Fri	10:34	5.0	11:15	4.4	4:11	0.2	5:00	0.1	6:37	4:43	
12	Sat	11:30	4.7			5:05	0.6	5:57	0.4	6:38	4:42	
13	Sun	12:11	4.2	12:25	4.4	6:06	0.8	6:57	0.5	6:39	4:41	
14	Mon	1:04	4.2	1:17	4.2	7:12	1.0	7:54	0.6	6:40	4:40	
15	Tue	1:56	4.2	2:09	4.1	8:13	1.0	8:45	0.6	6:41	4:39	
16	Wed	2:48	4.2	3:03	4.0	9:08	0.8	9:31	0.5	6:42	4:39	
17	Thu	3:40	4.4	3:56	4.0	9:57	0.7	10:13	0.4	6:43	4:38	
18	Fri	4:28	4.6	4:44	4.1	10:42	0.5	10:53	0.3	6:45	4:37	
19	Sat	5:11	4.7	5:28	4.1	11:25	0.3	11:33	0.3	6:46	4:37	
20	Sun	5:50	4.9	6:08	4.2			12:08	0.2	6:47	4:36	
21	Mon	6:27	5.0	6:46	4.2	12:13	0.2	12:51	0.1	6:48	4:35	
22	Tue	7:02	5.0	7:23	4.1	12:53	0.2	1:33	0.0	6:49	4:35	
23	Wed	7:36	4.9	8:00	4.0	1:32	0.3	2:13	0.0	6:50	4:34	
24	Thu	8:11	4.8	8:39	4.0	2:11	0.3	2:52	0.0	6:51	4:34	
25	Fri	8:49	4.8	9:22	3.9	2:48	0.4	3:31	0.1	6:52	4:33	
26	Sat	9:33	4.6	10:13	3.9	3:26	0.5	4:11	0.1	6:53	4:33	
27	Sun	10:26	4.5	11:09	3.9	4:09	0.6	4:57	0.2	6:54	4:32	
28	Mon	11:25	4.5			5:03	0.7	5:53	0.2	6:55	4:32	
29	Tue	12:07	4.1	12:24	4.4	6:14	0.7	6:56	0.2	6:57	4:32	
30	Wed	1:04	4.3	1:24	4.4	7:31	0.6	7:59	0.0	6:58	4:31	