US HARBORS www.USHarbors.com

# Seaside Heights, NJ - Mar 2040

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 8:31 | 4.4 | 9:01 | 4.3 | 2:39 | -0.3 | 3:01 | -0.4 | 6:27 | 5:48 | |
| 2 | Fri | 9:11 | 4.2 | 9:43 | 4.4 | 3:18 | -0.3 | 3:34 | -0.3 | 6:26 | 5:49 | |
| 3 | Sat | 9:57 | 4.0 | 10:31 | 4.4 | 4:00 | -0.2 | 4:10 | -0.2 | 6:24 | 5:50 | |
| 4 | Sun | 10:51 | 3.8 | 11:27 | 4.4 | 4:49 | 0.0 | 4:53 | 0.0 | 6:23 | 5:51 | |
| 5 | Mon | 11:51 | 3.6 | | | 5:51 | 0.2 | 5:52 | 0.2 | 6:21 | 5:52 | |
| 6 | Tue | 12:26 | 4.4 | 12:55 | 3.5 | 7:07 | 0.3 | 7:11 | 0.3 | 6:20 | 5:54 | |
| 7 | Wed | 1:30 | 4.4 | 2:03 | 3.5 | 8:22 | 0.2 | 8:29 | 0.2 | 6:18 | 5:55 | |
| 8 | Thu | 2:40 | 4.4 | 3:17 | 3.6 | 9:28 | 0.0 | 9:38 | 0.0 | 6:17 | 5:56 | |
| 9 | Fri | 3:51 | 4.6 | 4:26 | 3.9 | 10:27 | -0.2 | 10:39 | -0.2 | 6:15 | 5:57 | |
| 10 | Sat | 4:54 | 4.8 | 5:24 | 4.3 | 11:20 | -0.5 | 11:35 | -0.5 | 6:14 | 5:58 | |
| 11 | Sun | 6:48 | 5.0 | 7:15 | 4.6 | | | 1:11 | -0.7 | 7:12 | 6:59 | |
| 12 | Mon | 7:37 | 5.1 | 8:02 | 4.8 | 1:28 | -0.6 | 1:58 | -0.9 | 7:10 | 7:00 | |
| 13 | Tue | 8:22 | 5.0 | 8:47 | 4.9 | 2:18 | -0.7 | 2:43 | -0.9 | 7:09 | 7:01 | |
| 14 | Wed | 9:07 | 4.9 | 9:30 | 4.8 | 3:05 | -0.7 | 3:24 | -0.8 | 7:07 | 7:02 | |
| 15 | Thu | 9:51 | 4.6 | 10:13 | 4.7 | 3:49 | -0.5 | 4:02 | -0.5 | 7:06 | 7:03 | |
| 16 | Fri | 10:37 | 4.3 | 10:56 | 4.5 | 4:31 | -0.3 | 4:39 | -0.2 | 7:04 | 7:04 | |
| 17 | Sat | 11:24 | 3.9 | 11:41 | 4.2 | 5:13 | 0.0 | 5:15 | 0.1 | 7:02 | 7:05 | |
| 18 | Sun | | | 12:13 | 3.7 | 5:57 | 0.3 | 5:53 | 0.5 | 7:01 | 7:06 | |
| 19 | Mon | 12:27 | 4.0 | 1:03 | 3.4 | 6:49 | 0.6 | 6:40 | 0.8 | 6:59 | 7:07 | |
| 20 | Tue | 1:15 | 3.8 | 1:54 | 3.3 | 7:52 | 0.8 | 7:41 | 1.0 | 6:57 | 7:08 | |
| 21 | Wed | 2:05 | 3.7 | 2:49 | 3.2 | 8:58 | 0.9 | 8:51 | 1.0 | 6:56 | 7:09 | |
| 22 | Thu | 3:01 | 3.6 | 3:49 | 3.2 | 9:58 | 0.8 | 9:55 | 0.9 | 6:54 | 7:10 | |
| 23 | Fri | 4:03 | 3.7 | 4:49 | 3.4 | 10:50 | 0.6 | 10:50 | 0.7 | 6:53 | 7:11 | |
| 24 | Sat | 5:03 | 3.9 | 5:42 | 3.7 | 11:36 | 0.4 | 11:39 | 0.5 | 6:51 | 7:12 | |
| 25 | Sun | 5:54 | 4.1 | 6:26 | 4.0 | | | 12:18 | 0.2 | 6:49 | 7:13 | |
| 26 | Mon | 6:37 | 4.3 | 7:05 | 4.3 | 12:25 | 0.2 | 12:59 | 0.0 | 6:48 | 7:14 | |
| 27 | Tue | 7:15 | 4.5 | 7:42 | 4.5 | 1:10 | 0.0 | 1:39 | -0.2 | 6:46 | 7:15 | |
| 28 | Wed | 7:53 | 4.6 | 8:18 | 4.7 | 1:55 | -0.2 | 2:18 | -0.3 | 6:45 | 7:16 | |
| 29 | Thu | 8:31 | 4.6 | 8:55 | 4.9 | 2:39 | -0.3 | 2:56 | -0.3 | 6:43 | 7:17 | |
| 30 | Fri | 9:11 | 4.5 | 9:35 | 5.0 | 3:22 | -0.4 | 3:33 | -0.3 | 6:41 | 7:18 | |
| 31 | Sat | 9:55 | 4.3 | 10:20 | 5.0 | 4:05 | -0.4 | 4:11 | -0.2 | 6:40 | 7:19 | |