
































## Seaside Heights, NJ - Jun 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:53	5.0	1:35	4.5	7:20	0.1	7:44	0.7	5:29	8:19	
2	Sat	1:50	4.8	2:31	4.6	8:22	0.1	8:53	0.7	5:28	8:19	
3	Sun	2:46	4.6	3:27	4.6	9:19	0.2	9:56	0.6	5:28	8:20	
4	Mon	3:44	4.4	4:23	4.8	10:10	0.2	10:51	0.5	5:28	8:21	
5	Tue	4:42	4.3	5:15	4.9	10:57	0.2	11:41	0.4	5:27	8:21	
6	Wed	5:36	4.2	6:02	5.0	11:41	0.2			5:27	8:22	
7	Thu	6:25	4.2	6:44	5.1	12:28	0.3	12:23	0.3	5:27	8:23	
8	Fri	7:09	4.2	7:23	5.1	1:14	0.2	1:05	0.4	5:27	8:23	
9	Sat	7:52	4.2	8:01	5.1	1:58	0.2	1:47	0.5	5:27	8:24	
10	Sun	8:34	4.1	8:38	5.0	2:41	0.2	2:28	0.6	5:26	8:24	
11	Mon	9:17	4.0	9:16	4.8	3:21	0.2	3:09	0.7	5:26	8:25	
12	Tue	10:01	3.9	9:54	4.6	4:00	0.3	3:47	0.8	5:26	8:25	
13	Wed	10:46	3.8	10:33	4.5	4:37	0.4	4:25	0.9	5:26	8:26	
14	Thu	11:34	3.8	11:16	4.3	5:14	0.6	5:03	1.1	5:26	8:26	
15	Fri			12:21	3.8	5:53	0.7	5:46	1.2	5:26	8:26	
16	Sat	12:02	4.2	1:05	3.9	6:36	0.8	6:40	1.3	5:27	8:27	
17	Sun	12:50	4.1	1:48	4.0	7:26	0.8	7:46	1.3	5:27	8:27	
18	Mon	1:39	4.1	2:33	4.2	8:19	0.7	8:54	1.1	5:27	8:27	
19	Tue	2:31	4.1	3:23	4.5	9:13	0.6	9:57	0.9	5:27	8:28	
20	Wed	3:30	4.0	4:18	4.8	10:05	0.5	10:54	0.5	5:27	8:28	
21	Thu	4:35	4.1	5:14	5.2	10:56	0.3	11:49	0.2	5:27	8:28	
22	Fri	5:38	4.2	6:08	5.5	11:48	0.1			5:28	8:28	
23	Sat	6:35	4.4	7:00	5.8	12:44	-0.1	12:42	0.0	5:28	8:28	
24	Sun	7:29	4.5	7:52	5.9	1:39	-0.3	1:38	-0.1	5:28	8:28	
25	Mon	8:24	4.6	8:45	5.9	2:33	-0.5	2:34	-0.2	5:29	8:28	
26	Tue	9:20	4.7	9:40	5.8	3:26	-0.6	3:29	-0.1	5:29	8:29	
27	Wed	10:19	4.7	10:37	5.5	4:16	-0.6	4:23	0.0	5:29	8:29	
28	Thu	11:19	4.7	11:36	5.3	5:06	-0.5	5:17	0.2	5:30	8:29	
29	Fri			12:18	4.7	5:58	-0.3	6:17	0.5	5:30	8:28	
30	Sat	12:33	5.0	1:14	4.7	6:52	-0.1	7:22	0.7	5:31	8:28	