US HARBORS www.USHarbors.com

Seaside Heights, NJ - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:27	4.7	2:06	4.7	7:48	0.1	8:28	0.8	5:31	8:28	
2	Mon	2:20	4.4	2:57	4.7	8:44	0.3	9:30	0.8	5:32	8:28	
3	Tue	3:13	4.2	3:50	4.7	9:35	0.4	10:27	0.7	5:32	8:28	
4	Wed	4:10	4.0	4:43	4.8	10:24	0.5	11:17	0.6	5:33	8:28	
5	Thu	5:07	3.9	5:32	4.8	11:09	0.6			5:33	8:27	
6	Fri	5:59	3.9	6:18	4.9	12:04	0.5	11:53 AM	0.6	5:34	8:27	
7	Sat	6:46	4.0	6:59	5.0	12:50	0.4	12:36	0.6	5:35	8:27	
8	Sun	7:30	4.0	7:38	5.0	1:34	0.4	1:20	0.6	5:35	8:27	
9	Mon	8:12	4.1	8:16	4.9	2:17	0.3	2:04	0.7	5:36	8:26	
10	Tue	8:53	4.1	8:53	4.8	2:58	0.3	2:47	0.7	5:37	8:26	
11	Wed	9:35	4.0	9:29	4.7	3:36	0.3	3:27	0.7	5:37	8:25	
12	Thu	10:16	4.0	10:05	4.6	4:12	0.3	4:04	0.8	5:38	8:25	
13	Fri	10:58	4.0	10:43	4.5	4:46	0.4	4:41	0.9	5:39	8:24	
14	Sat	11:40	4.0	11:25	4.3	5:19	0.5	5:20	1.0	5:40	8:24	
15	Sun			12:23	4.1	5:53	0.6	6:07	1.1	5:40	8:23	
16	Mon	12:12	4.2	1:06	4.3	6:34	0.6	7:06	1.1	5:41	8:23	
17	Tue	1:02	4.1	1:52	4.5	7:24	0.7	8:17	1.1	5:42	8:22	
18	Wed	1:56	4.0	2:43	4.7	8:23	0.6	9:26	0.9	5:43	8:21	
19	Thu	2:56	4.0	3:42	5.0	9:26	0.5	10:30	0.6	5:44	8:21	
20	Fri	4:05	4.0	4:46	5.2	10:27	0.4	11:28	0.3	5:44	8:20	
21	Sat	5:15	4.1	5:47	5.5	11:26	0.2			5:45	8:19	
22	Sun	6:18	4.4	6:44	5.8	12:25	0.0	12:24	0.0	5:46	8:18	
23	Mon	7:15	4.6	7:38	5.9	1:21	-0.3	1:23	-0.1	5:47	8:17	
24	Tue	8:10	4.8	8:31	5.9	2:15	-0.5	2:21	-0.2	5:48	8:17	
25	Wed	9:04	4.9	9:24	5.8	3:07	-0.6	3:16	-0.2	5:49	8:16	
26	Thu	10:00	5.0	10:18	5.5	3:56	-0.6	4:08	-0.1	5:50	8:15	
27	Fri	10:55	5.0	11:13	5.2	4:42	-0.5	5:00	0.1	5:51	8:14	
28	Sat	11:51	4.9			5:29	-0.3	5:54	0.4	5:51	8:13	
29	Sun	12:07	4.9	12:44	4.9	6:18	0.0	6:53	0.7	5:52	8:12	
30	Mon	1:00	4.6	1:34	4.8	7:09	0.3	7:56	0.9	5:53	8:11	
31	Tue	1:51	4.3	2:23	4.7	8:03	0.6	9:00	0.9	5:54	8:10	