

































Seaside Heights, NJ - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:35	3.8	6:50	5.1	12:40	0.5	12:29	0.7	5:31	8:28	
2	Wed	7:19	3.9	7:32	5.2	1:27	0.3	1:17	0.6	5:31	8:28	
3	Thu	8:03	4.0	8:14	5.3	2:14	0.1	2:05	0.5	5:32	8:28	
4	Fri	8:47	4.1	8:58	5.3	3:00	0.0	2:53	0.4	5:33	8:28	
5	Sat	9:35	4.2	9:46	5.3	3:43	-0.1	3:40	0.4	5:33	8:28	
6	Sun	10:25	4.3	10:38	5.2	4:26	-0.2	4:28	0.4	5:34	8:27	
7	Mon	11:20	4.5	11:33	5.0	5:09	-0.1	5:19	0.5	5:34	8:27	
8	Tue			12:15	4.6	5:55	-0.1	6:17	0.6	5:35	8:27	
9	Wed	12:29	4.8	1:09	4.8	6:46	0.0	7:24	0.7	5:36	8:26	
10	Thu	1:24	4.6	2:03	4.9	7:43	0.1	8:35	0.7	5:36	8:26	
11	Fri	2:20	4.4	2:58	5.0	8:42	0.2	9:42	0.6	5:37	8:25	
12	Sat	3:21	4.2	3:57	5.1	9:41	0.2	10:43	0.5	5:38	8:25	
13	Sun	4:26	4.1	4:59	5.2	10:38	0.2	11:40	0.3	5:38	8:25	
14	Mon	5:30	4.1	5:56	5.3	11:32	0.3			5:39	8:24	
15	Tue	6:28	4.2	6:48	5.3	12:33	0.2	12:26	0.3	5:40	8:23	
16	Wed	7:20	4.3	7:36	5.3	1:25	0.1	1:18	0.3	5:41	8:23	
17	Thu	8:09	4.4	8:21	5.2	2:15	0.0	2:08	0.4	5:42	8:22	
18	Fri	8:56	4.4	9:05	5.1	3:01	0.0	2:56	0.4	5:42	8:22	
19	Sat	9:42	4.3	9:48	4.9	3:42	0.1	3:40	0.5	5:43	8:21	
20	Sun	10:29	4.3	10:32	4.6	4:20	0.2	4:21	0.7	5:44	8:20	
21	Mon	11:15	4.3	11:16	4.4	4:56	0.3	5:01	0.9	5:45	8:19	
22	Tue			12:00	4.2	5:32	0.5	5:44	1.0	5:46	8:19	
23	Wed	12:00	4.1	12:44	4.2	6:08	0.7	6:33	1.2	5:47	8:18	
24	Thu	12:44	3.9	1:26	4.3	6:49	0.9	7:31	1.3	5:47	8:17	
25	Fri	1:28	3.7	2:08	4.3	7:36	1.0	8:34	1.3	5:48	8:16	
26	Sat	2:14	3.6	2:53	4.3	8:30	1.1	9:35	1.2	5:49	8:15	
27	Sun	3:07	3.5	3:44	4.4	9:26	1.1	10:31	1.0	5:50	8:14	
28	Mon	4:09	3.5	4:41	4.6	10:21	1.0	11:22	0.8	5:51	8:13	
29	Tue	5:12	3.6	5:35	4.8	11:13	0.9			5:52	8:12	
30	Wed	6:07	3.8	6:25	5.1	12:12	0.5	12:03	0.7	5:53	8:11	
31	Thu	6:55	4.1	7:11	5.4	1:01	0.3	12:54	0.5	5:54	8:10	