






























Seaside Heights, NJ - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:05	4.3	11:19	5.1	5:01	-0.2	4:57	0.1	5:55	7:51	
2	Mon			12:09	4.2	5:57	0.0	5:56	0.4	5:53	7:52	
3	Tue	12:23	4.9	1:11	4.2	7:00	0.2	7:05	0.6	5:52	7:53	
4	Wed	1:25	4.7	2:10	4.2	8:06	0.3	8:20	0.7	5:51	7:54	
5	Thu	2:25	4.5	3:09	4.4	9:09	0.3	9:28	0.7	5:50	7:55	
6	Fri	3:25	4.4	4:08	4.5	10:04	0.2	10:28	0.5	5:49	7:56	
7	Sat	4:25	4.3	5:04	4.7	10:53	0.1	11:21	0.4	5:48	7:57	
8	Sun	5:21	4.3	5:53	4.9	11:37	0.1			5:46	7:58	
9	Mon	6:11	4.3	6:36	5.1	12:09	0.2	12:19	0.1	5:45	7:59	
10	Tue	6:55	4.3	7:15	5.2	12:55	0.1	12:59	0.2	5:44	8:00	
11	Wed	7:36	4.2	7:52	5.1	1:39	0.1	1:39	0.3	5:43	8:01	
12	Thu	8:16	4.1	8:29	5.1	2:22	0.1	2:19	0.4	5:42	8:02	
13	Fri	8:56	4.0	9:06	4.9	3:02	0.1	2:57	0.6	5:41	8:03	
14	Sat	9:37	3.9	9:44	4.7	3:41	0.2	3:34	0.7	5:40	8:04	
15	Sun	10:21	3.7	10:23	4.5	4:19	0.4	4:10	0.9	5:40	8:05	
16	Mon	11:08	3.6	11:07	4.3	4:57	0.5	4:46	1.1	5:39	8:05	
17	Tue	11:57	3.6	11:55	4.2	5:36	0.7	5:25	1.2	5:38	8:06	
18	Wed			12:46	3.6	6:22	0.8	6:15	1.4	5:37	8:07	
19	Thu	12:45	4.1	1:33	3.7	7:14	0.8	7:23	1.4	5:36	8:08	
20	Fri	1:34	4.1	2:19	3.9	8:11	0.8	8:37	1.3	5:35	8:09	
21	Sat	2:26	4.0	3:08	4.1	9:05	0.7	9:41	1.1	5:35	8:10	
22	Sun	3:22	4.1	4:02	4.5	9:56	0.5	10:39	0.7	5:34	8:11	
23	Mon	4:24	4.1	4:56	4.9	10:44	0.3	11:33	0.4	5:33	8:12	
24	Tue	5:24	4.2	5:49	5.3	11:32	0.1			5:33	8:13	
25	Wed	6:19	4.4	6:38	5.6	12:26	0.1	12:21	0.0	5:32	8:13	
26	Thu	7:11	4.5	7:28	5.8	1:19	-0.2	1:13	-0.1	5:31	8:14	
27	Fri	8:03	4.6	8:18	5.8	2:14	-0.4	2:07	-0.2	5:31	8:15	
28	Sat	8:57	4.6	9:11	5.7	3:07	-0.5	3:02	-0.2	5:30	8:16	
29	Sun	9:55	4.5	10:08	5.5	3:58	-0.5	3:55	-0.1	5:30	8:17	
30	Mon	10:55	4.5	11:09	5.3	4:49	-0.4	4:49	0.1	5:29	8:17	
31	Tue	11:57	4.5			5:42	-0.2	5:47	0.4	5:29	8:18	