

































## Seaside Heights, NJ - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:41	4.7	1:24	4.8	7:02	0.1	7:31	0.8	5:31	8:28	
2	Sat	1:33	4.4	2:13	4.7	7:56	0.3	8:34	0.9	5:32	8:28	
3	Sun	2:23	4.1	3:02	4.7	8:49	0.5	9:34	0.9	5:32	8:28	
4	Mon	3:15	3.9	3:53	4.7	9:39	0.7	10:28	0.8	5:33	8:28	
5	Tue	4:12	3.7	4:46	4.7	10:27	0.7	11:18	0.7	5:33	8:27	
6	Wed	5:10	3.7	5:36	4.8	11:12	0.8			5:34	8:27	
7	Thu	6:02	3.7	6:22	4.8	12:04	0.6	11:57 AM	0.8	5:35	8:27	
8	Fri	6:49	3.8	7:04	4.9	12:49	0.5	12:41	0.8	5:35	8:27	
9	Sat	7:32	3.9	7:43	4.9	1:34	0.4	1:26	0.8	5:36	8:26	
10	Sun	8:13	4.0	8:21	4.9	2:17	0.4	2:11	0.8	5:37	8:26	
11	Mon	8:52	4.0	8:58	4.8	2:57	0.3	2:53	0.8	5:37	8:25	
12	Tue	9:31	4.0	9:33	4.7	3:34	0.3	3:31	0.8	5:38	8:25	
13	Wed	10:09	4.0	10:09	4.6	4:09	0.3	4:08	0.8	5:39	8:24	
14	Thu	10:48	4.1	10:48	4.5	4:41	0.3	4:45	0.9	5:40	8:24	
15	Fri	11:29	4.2	11:33	4.3	5:14	0.4	5:25	1.0	5:40	8:23	
16	Sat			12:13	4.3	5:49	0.4	6:15	1.0	5:41	8:23	
17	Sun	12:22	4.2	1:00	4.5	6:30	0.5	7:21	1.1	5:42	8:22	
18	Mon	1:16	4.1	1:51	4.7	7:24	0.5	8:36	1.0	5:43	8:21	
19	Tue	2:13	4.0	2:47	4.9	8:28	0.5	9:46	0.8	5:44	8:21	
20	Wed	3:18	3.9	3:51	5.1	9:35	0.5	10:50	0.5	5:44	8:20	
21	Thu	4:30	4.0	5:00	5.3	10:39	0.3	11:49	0.2	5:45	8:19	
22	Fri	5:39	4.2	6:03	5.5	11:40	0.1			5:46	8:18	
23	Sat	6:40	4.4	7:00	5.7	12:45	0.0	12:40	0.0	5:47	8:17	
24	Sun	7:35	4.7	7:53	5.8	1:40	-0.3	1:39	-0.2	5:48	8:17	
25	Mon	8:29	4.9	8:45	5.7	2:33	-0.5	2:35	-0.2	5:49	8:16	
26	Tue	9:22	5.0	9:36	5.5	3:22	-0.6	3:28	-0.2	5:50	8:15	
27	Wed	10:15	5.0	10:27	5.3	4:07	-0.5	4:18	0.0	5:51	8:14	
28	Thu	11:08	5.0	11:19	4.9	4:51	-0.4	5:08	0.2	5:51	8:13	
29	Fri			12:00	4.9	5:35	-0.1	5:59	0.5	5:52	8:12	
30	Sat	12:11	4.6	12:50	4.8	6:21	0.3	6:55	0.8	5:53	8:11	
31	Sun	1:01	4.2	1:37	4.7	7:10	0.6	7:57	1.0	5:54	8:10	