











Seaside Heights, NJ - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:10	4.0	3:58	4.8	9:45	0.6	10:38	0.7	5:31	8:28	
2	Tue	4:15	4.0	4:55	5.1	10:38	0.4	11:33	0.3	5:32	8:28	
3	Wed	5:20	4.1	5:51	5.4	11:31	0.2			5:32	8:28	
4	Thu	6:19	4.3	6:44	5.7	12:28	0.0	12:25	0.1	5:33	8:28	
5	Fri	7:14	4.5	7:36	5.9	1:22	-0.2	1:21	-0.1	5:33	8:28	
6	Sat	8:08	4.6	8:29	5.9	2:17	-0.4	2:18	-0.2	5:34	8:27	
7	Sun	9:03	4.7	9:23	5.8	3:09	-0.6	3:13	-0.2	5:35	8:27	
8	Mon	10:00	4.8	10:19	5.6	3:59	-0.6	4:07	-0.1	5:35	8:27	
9	Tue	10:58	4.8	11:16	5.4	4:48	-0.6	5:01	0.1	5:36	8:26	
10	Wed	11:57	4.8			5:38	-0.4	5:58	0.3	5:36	8:26	
11	Thu	12:13	5.1	12:53	4.8	6:30	-0.2	7:00	0.5	5:37	8:25	
12	Fri	1:08	4.8	1:46	4.8	7:26	0.1	8:06	0.7	5:38	8:25	
13	Sat	2:01	4.5	2:38	4.8	8:22	0.2	9:11	0.8	5:39	8:24	
14	Sun	2:55	4.2	3:30	4.8	9:16	0.4	10:10	0.7	5:39	8:24	
15	Mon	3:51	4.0	4:25	4.8	10:07	0.5	11:03	0.6	5:40	8:23	
16	Tue	4:50	3.9	5:17	4.8	10:55	0.6	11:51	0.6	5:41	8:23	
17	Wed	5:45	3.9	6:05	4.9	11:41	0.6			5:42	8:22	
18	Thu	6:34	4.0	6:48	4.9	12:37	0.5	12:25	0.6	5:43	8:22	
19	Fri	7:18	4.1	7:29	5.0	1:22	0.4	1:10	0.6	5:43	8:21	
20	Sat	8:01	4.1	8:07	4.9	2:05	0.3	1:54	0.6	5:44	8:20	
21	Sun	8:42	4.2	8:44	4.9	2:46	0.3	2:37	0.6	5:45	8:19	
22	Mon	9:23	4.1	9:20	4.8	3:24	0.3	3:18	0.7	5:46	8:19	
23	Tue	10:03	4.1	9:56	4.6	4:00	0.3	3:56	0.8	5:47	8:18	
24	Wed	10:44	4.1	10:32	4.5	4:33	0.4	4:32	0.9	5:48	8:17	
25	Thu	11:25	4.1	11:11	4.3	5:05	0.5	5:10	1.0	5:48	8:16	
26	Fri			12:06	4.2	5:38	0.6	5:53	1.1	5:49	8:15	
27	Sat			12:48	4.3	6:14	0.7	6:47	1.1	5:50	8:14	
28	Sun	12:45	4.1	1:33	4.5	7:00	0.7	7:56	1.1	5:51	8:13	
29	Mon	1:38	4.0	2:23	4.7	7:59	0.7	9:06	1.0	5:52	8:12	
30	Tue	2:37	3.9	3:21	4.9	9:04	0.7	10:12	0.7	5:53	8:11	
31	Wed	3:44	3.9	4:25	5.1	10:08	0.5	11:11	0.4	5:54	8:10	