


































Seaside Heights, NJ - Jan 2060

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 5:14 | 4.5 | 5:39 | 3.5 | 11:45 | -0.1 | 11:38 | 0.1 | 7:17 | 4:41 |  |
| 2 | Fri | 5:57 | 4.7 | 6:23 | 3.7 | | | 12:32 | -0.3 | 7:17 | 4:42 |  |
| 3 | Sat | 6:38 | 4.9 | 7:06 | 3.8 | 12:24 | -0.1 | 1:19 | -0.4 | 7:17 | 4:43 |  |
| 4 | Sun | 7:21 | 5.0 | 7:50 | 3.9 | 1:12 | -0.2 | 2:04 | -0.6 | 7:17 | 4:44 |  |
| 5 | Mon | 8:07 | 5.0 | 8:38 | 3.9 | 2:00 | -0.3 | 2:48 | -0.7 | 7:17 | 4:45 |  |
| 6 | Tue | 8:55 | 4.9 | 9:30 | 4.0 | 2:47 | -0.3 | 3:31 | -0.7 | 7:17 | 4:45 |  |
| 7 | Wed | 9:48 | 4.8 | 10:26 | 4.1 | 3:35 | -0.3 | 4:16 | -0.6 | 7:17 | 4:46 |  |
| 8 | Thu | 10:44 | 4.5 | 11:23 | 4.2 | 4:27 | -0.1 | 5:04 | -0.5 | 7:17 | 4:47 |  |
| 9 | Fri | 11:41 | 4.3 | | | 5:28 | 0.1 | 5:58 | -0.4 | 7:17 | 4:48 |  |
| 10 | Sat | 12:19 | 4.3 | 12:37 | 4.1 | 6:37 | 0.2 | 6:58 | -0.3 | 7:17 | 4:49 |  |
| 11 | Sun | 1:15 | 4.3 | 1:35 | 3.8 | 7:50 | 0.2 | 7:59 | -0.2 | 7:16 | 4:50 |  |
| 12 | Mon | 2:13 | 4.4 | 2:38 | 3.6 | 8:57 | 0.1 | 8:59 | -0.2 | 7:16 | 4:51 |  |
| 13 | Tue | 3:15 | 4.4 | 3:44 | 3.6 | 9:57 | 0.0 | 9:55 | -0.2 | 7:16 | 4:53 |  |
| 14 | Wed | 4:16 | 4.5 | 4:46 | 3.6 | 10:53 | -0.2 | 10:48 | -0.2 | 7:16 | 4:54 |  |
| 15 | Thu | 5:12 | 4.6 | 5:41 | 3.8 | 11:45 | -0.3 | 11:40 | -0.2 | 7:15 | 4:55 |  |
| 16 | Fri | 6:01 | 4.7 | 6:30 | 3.8 | | | 12:35 | -0.4 | 7:15 | 4:56 |  |
| 17 | Sat | 6:46 | 4.7 | 7:16 | 3.9 | 12:29 | -0.2 | 1:22 | -0.5 | 7:14 | 4:57 |  |
| 18 | Sun | 7:29 | 4.6 | 8:01 | 3.9 | 1:17 | -0.2 | 2:05 | -0.5 | 7:14 | 4:58 |  |
| 19 | Mon | 8:11 | 4.5 | 8:45 | 3.8 | 2:01 | -0.2 | 2:45 | -0.4 | 7:13 | 4:59 |  |
| 20 | Tue | 8:52 | 4.3 | 9:29 | 3.8 | 2:43 | -0.1 | 3:21 | -0.3 | 7:13 | 5:00 |  |
| 21 | Wed | 9:33 | 4.1 | 10:13 | 3.7 | 3:21 | 0.1 | 3:56 | -0.2 | 7:12 | 5:01 |  |
| 22 | Thu | 10:15 | 3.8 | 10:57 | 3.6 | 4:00 | 0.3 | 4:30 | 0.0 | 7:12 | 5:03 |  |
| 23 | Fri | 10:57 | 3.6 | 11:41 | 3.6 | 4:41 | 0.5 | 5:05 | 0.2 | 7:11 | 5:04 |  |
| 24 | Sat | 11:41 | 3.4 | | | 5:28 | 0.6 | 5:46 | 0.4 | 7:10 | 5:05 |  |
| 25 | Sun | 12:23 | 3.6 | 12:26 | 3.2 | 6:27 | 0.8 | 6:35 | 0.5 | 7:10 | 5:06 |  |
| 26 | Mon | 1:06 | 3.6 | 1:14 | 3.0 | 7:33 | 0.8 | 7:34 | 0.6 | 7:09 | 5:07 |  |
| 27 | Tue | 1:53 | 3.7 | 2:10 | 3.0 | 8:37 | 0.7 | 8:33 | 0.5 | 7:08 | 5:09 |  |
| 28 | Wed | 2:48 | 3.8 | 3:15 | 3.0 | 9:35 | 0.5 | 9:30 | 0.4 | 7:07 | 5:10 |  |
| 29 | Thu | 3:48 | 4.0 | 4:19 | 3.1 | 10:28 | 0.2 | 10:22 | 0.2 | 7:06 | 5:11 |  |
| 30 | Fri | 4:44 | 4.3 | 5:13 | 3.4 | 11:18 | -0.1 | 11:14 | -0.1 | 7:06 | 5:12 |  |
| 31 | Sat | 5:34 | 4.6 | 6:01 | 3.7 | | | 12:08 | -0.4 | 7:05 | 5:13 |  |